Scientific Program

Proceedings of
3rd International Conference on
Mental Health and Human Resilience
June 21-23, 2017   London, UK
### Keynote Forum

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00-10:40</td>
<td>Title: Resilience and Coping Strategies: Learning to Become Resilient</td>
<td>Ming-hui Li, St. Johns University, USA</td>
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<td>10:40-11:10</td>
<td>Title: Running women's problem solving groups among Syrian refugees in Lebanon: A positive experience</td>
<td>Brigitte Khoury, American University of Beirut, Lebanon</td>
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### Special Session:

| Time     | Title: Mental Health Nursing Practices                                                      | Shauna Mckay Burke, Canada                  |

### Sessions:

**Human Resilience | Mental Health-Types | Mental Disorders | Women's Mental Health**

**Session Chair:** Joanne Zanetos, College of Coastal Georgia, USA  
**Session Co-chair:** TBA

#### 11:50-12:15

- **Title:** Stigma and Resilience in College Students with Mental Illness  
  - **Ren VanderLind**, Texas State University, USA  
  - **Title:** Psychotherapy: The power of mind to change brain cells  
  - **Aboulezz Kalboush**, Alnoor Specialist Hospital, Saudi Arabia

#### 12:15-13:05

- **Title:** The Mental Health Syndrome Paradigm: A New Paradigm to Improve Child Development and Protection  
  - **Colin Pritchard**, Bournemouth University, UK  
  - **Title:** Neurocognitive, Biologicals and Genetics factors and the Risk of Developing Borderline Intellectual Functioning (BIF) Disease among Kurdish Societies  
  - **Mohammad Reza Dawuodi**, Turku University of Applied Sciences, Finland

### Lunch Break @ Restaurant 13:30-14:30

#### 14:30-14:55

- **Title:** Enhancing Resiliency after Combat Trauma Exposure  
  - **Alan Peterson**, University of Texas Health Science Center, USA  
  - **Title:** From Mouth to Mind: The Emotional Toll of an Obese Child  
  - **Vishnukumar S**, Eastern University, Sri Lanka

#### 15:20-15:45

- **Title:** Evaluation of a compassionate mind training intervention with teachers to improve well-being  
  - **Frances A. Maratos**, University of Derby, UK  
  - **Title:** Ethical obligations of mental health practitioners towards psychiatric patients: A case study analysis  
  - **Annie M Temane**, University of Johannesburg, South Africa

#### 16:10-16:35

- **Title:** Good Practices, Foods and Nutrition for the Brain  
  - **Kaufui Vincent Wong**, University of Miami, USA  
  - **Title:** The Bleaching Syndrome: Mental Health Diseases and Women of Color  
  - **Ronald E. Hall**, Michigan State University, USA

### Networking & Refreshment Break @ Foyer 17:00-17:15

#### 17:15-17:40

- **Title:** EATING DISORDERS – ANOREXIA NERVOSA - A Deeper Perspective-From The Sufferers’ Eyes  
  - **Begum Engur**, King’s College London, UK  
  - **Title:** Mental impairment, from anxiety neurosis to schizophrenia psychosis including Alzheimer is a chronic active bacterial encephalitis: Anatomic and Physiologic aspects  
  - **Abbas Alnaqi**, Iraq
Young Researchers Forum

18:05-18:30  Title: Neural mechanisms of behavioural inflexibility in psychostimulant addiction: markers of vulnerability and compulsive symptoms  
Peter Zhukovsky, University of Cambridge, UK

18:30-18:55  Title: Men’s recovery from schizophrenia in northern Nigeria  
Bello Utoblo, Leeds Beckett University, UK

End of Day 1

Day 2 | June 22, 2017 @ Waterfront 1

Keynote Forum

09:30-10:10  Title: PanX® Drugs as prn Alternatives to Addictive Benzodiazepines for Anxiety Disorders  
Thomas P. Dooley, Trends in Pharma Development, USA

10:10-10:50  Title: Overcome Compassion Fatigue and Burnout  
Linda Sage, UK

Sessions:

Management and treatment of Mental Health issues | Mental Health & Rehabilitation | Mental Health care patterns  
Session Chair: Sailaxmi Gandhi, NIMHANS, India  
Session Co-chair: TBA

10:50-11:15  Title: Herbal-Drug Interactions: Poison vs. Medicine: How is Your Patient Coping?  
Joanne Zanetos, College of Coastal Georgia, USA

Networking & Refreshment Break @ Foyer 11:15-11:30

11:30-11:55  Title: Strengthening Resilience and preserving optimal mental health in Grief  
Sailaxmi Gandhi, NIMHANS, India

11:55-12:20  Title: Central Human Functional Capabilities as a Framework for Health and Well-being  
Tahmineh Mousavi, Tehran University of Medical Sciences, Iran

12:20-12:45  Title: Can an e-recovery portal play a role in shaping practices towards recovery?  
Deede Gammon, Oslo University Hospital, Norway

12:45-13:10  Title: Global burden of mental disorders in Mexico and the health system intervention  
Lina Díaz-Castro, National Autonomous University of Mexico, Mexico

Lunch Break @ Restaurant 13:10-14:10

14:10-14:35  Title: Improving Outcomes for Criminal Offenders with Serious Mental Illness  
Lorena Fulton, Ohio State University, USA  
Title: How music therapy affects the emotional and physiological responses of hospitalized pediatric patients  
Maria Jesús del Olmo, Autonomous University of Madrid, Spain

Sessions:

Nursing Interventions | Psychosis | Psychiatric Healing techniques

15:00-15:25  Title: A applicability of psycho-educational intervention for primary caregivers of people with eating disorders or attention deficit hyperactivity disorder  
Margret Gisladottir, Landspitali University Hospital, Iceland

Ming-hui Li, St. John’s University, USA

15:50-16:15  Title: Health locus of control and its relationship with quality of life in HIV-infected patients  
Zahra Mostafavian, Islamic Azad University, Iran  
Title: Mental impairment, from anxiety neurosis to schizophrenia psychosis including Alzheimer is a chronic active bacterial encephalitis: Introduction  
Abbas Alnaji, Iraq

Video Presentation

16:15-16:40  Title: Childhood and adolescent mental health and transgenerational and cumulative traumata in the Middle East region  
Leyla AKOURY DIRANI, American University of Beirut, Lebanon

16:40-17:05  Video Presentation

17:05-18:00  Video Presentation

18:00-18:30  Video Presentation
Networking & Refreshment Break @ Foyer 17:05-17:20

Poster Presentations @ Foyer 17:20-18:00

Title: Military Service Effects on Personality and Psychological Well-Being
Alexandra Alfaro & Paula Boros, Nova Southeastern University, USA

Title: The importance of psychiatric nursing in the care of mental health in transsex patient in Brazil
Aline Rosana Giardin, Brazil

Title: Analysing interactions: A review of treatment options for schizophrenic patients on clozapine

with pulmonary tuberculosis

Chao Tian Tang, Institute of Mental Health, Singapore

Title: Treatment Considerations for Psychological and Physiological Problems in Patients with Dyke-Davidoff-Mason Syndrome in a Paediatric Population: A Review
Jiali Lau, National University Hospital, Singapore

Title: Alignment of Life-Story and Electronic Medical Record as a Medical Diagnostic Support tool (DST) for Mental Health Disorders
Mohammad Reza Dawuodi, Turku University of Applied Sciences, Finland

Title: Effect of different physical activity programs in the withdrawal phase of treatment of crack dependents
Aline Rosana Giardin, Brazil

Title: Strengthening Resilience and preserving optimal mental health in Grief
Sailaxmi Gandhi, NIMHANS, India

Day 3 | June 23 2017 | Networking & Lunch
Note: Final program will be updated within 10 days