2nd International Conference on
Sleep Disorders, Medicine & Integrative Medicine
November 28-30, 2016    Atlanta, USA
Day 1  November 28, 2016

09:00-09:30  Registrations

Chattahoochee A

09:30-10:00  Opening Ceremony

Keynote Forum

10:00-10:45  Title: Pediatric epigenetics for systemic conditions associated with obstructive sleep apnea
Dave Singh, BioModeling Solutions, USA

Networking and Refreshment Break 10:45-11:05 @ Foyer

11:05-11:50  Title: Why Modern Medicine should Coalesce with Integrative Medicine for the Sake of Human Being
Mehmet ferit Isbir, Akeniz Univ Medical, Turkey

Session on: Sleep Disorders and Medicine
Session Chair: Dave Singh, BioModeling Solutions, USA

11:50-12:20  Title: Effects of biomimetic oral appliance therapy in adults with obstructive sleep apnea
Dave Singh, BioModeling Solutions, USA

12:20-12:50  Title: Sleep quality and daytime sleepiness in medical students of King Khalid University, Saudi Arabia
Mohammad A Alqahtani, King Khalid University, Saudi Arabia

Group Photo

Lunch Break 12:50-13:50 @ Foyer

13:50-14:20  Title: Objective sleep disturbance in Mild Cognitive Impairment is associated with alterations in the brain's Default Mode Network
Andrew McKinnon, Macquarie University, Australia

Session on: Novel Insights in Sleep Disorders & integrative Medicine
Session Chair: Gina Lizeth Castellanos Caro, Valle del Lili Clinic Foundation, Colombia

14:20-14:50  Title: Adherence to oral appliance therapy in severe sleep apnea
Yaron Haviv, Hadassah School of Dental Medicine, Israel

14:50-15:20  Title: Thymoquinone, an active component of Nigella sativa seed, possesses antibacterial activity against anaerobic human pathogens
Mohammad Akram Randhawa, Northern Border University, Saudi Arabia

15:20-15:50  Title: Validation of the scale "sleep apnea for quality of life index for assessing quality of life of sleep apnea hypopnea syndrome in Colombia
Gina Lizeth Castellanos Caro, Valle del Lili Clinic Foundation, Colombia

15:50-16:20  Title: What predicts excessive daytime somnolence in sleep apnea?
Alexandru Corlateanu, State Medical and Pharmaceutical University, USA

Networking and Refreshment Break 16:20-16:40 @ Foyer

16:40-17:10  Title: Biological Sleep Markers of Depression
Colin M Shapiro, Youthdale Child and Adolescent Sleep Centre, Canada

17:10-17:40  Title: Comparison of Wristband-based and ECG-based Sleep Analyses
Yan Ma, Harvard Medical School, USA
17:40-18:10

Title: Necrotising Fasciitis - A complication of poor glycaemic control in type 2 diabetes
Zara Khan, Leeds University, United Kingdom

Panel Discussion

Day 2 November 29, 2016
Chattahoochee A

Keynote Forum

10:00-10:45
Title: Value in using Sleep Hygiene approaches with patients
Kathy Sexton-Radek, Elmhurst College, USA

Networking and Refreshment Break 10:45-11:05 @ Foyer

11:05-11:50
Title: Herbs that modulates Diabetes
Liane beringhs bueno, Instituto de Homeopatia e Medicina Integrativa, Brazil

Session on: Sleep Therapy Approaches
Session Chair: Kathy Sexton Radek, Elmhurst College, USA

11:50-12:20
Title: What we learn from examining global sleep health
Kathy Sexton Radek, Elmhurst College, USA

12:20-12:50
Title: Risk factors for severity of obstructive sleep apnea
Alexandru Corlateanu, State Medical and Pharmaceutical University, USA

Lunch Break 12:50-13:50 @ Foyer

Session on: Sleep Medicine
Session Chair: Norman S Miller, Health Advocates PLLC, USA

14:00-14:30
Title: Circadian rhythm sleep disorders: Characteristics and entrainment pathology in delayed sleep phase and non-24 sleep–wake syndrome
Masako Okawa, Tokyo Medical University, Japan

14:30-15:00
Title: Painful and Pathological Medications
Norman S Miller, Health Advocates PLLC, USA

15:00-15:30
Title: The Sleep-Mood Interface
Colin M Shapiro, Youthdale Child and Adolescent Sleep Centre, Toronto, Canada

15:30-16:00
Title: Sleep disturbance in palliative care patients
Yap Jing Yi, Changi General Hospital, Singapore

Networking and Refreshment Break 16:00-16:20 @ Foyer

Poster Presentations @ 16:20-18:00

P1
Title: Sleep quality and daytime sleepiness in medical students of King Khalid University, Saudi Arabia
Mushabab A Alshahrani, King Khalid University, Saudi Arabia

P2
Title: Obstructive sleep apnea among patients attending Family Medicine Centers
Mana Mubarak Alshahrani, Military Hospital in Khamis Mushait, Saudi Arabia

P3
Title: Sleep quality and daytime sleepiness & Sleep Deprivation and Obstructive Sleep Apnea
Abdulkareem F Alqahtani, King Khalid University, Saudi Arabia

P4
Title: Sleep patterns and predictors of sleep disturbances among medical students
Arab Hammoudeh, University of Sharjah- College of Medicine, UAE

P5
Title: Objective sleep disturbance in Mild Cognitive Impairment is associated with alterations in the brain’s Default Mode Network
Andrew McKinnon, Macquarie University, Australia
Title: Necrotising Fasciitis - A complication of poor glycaemic control in type 2 diabetes
Zara Khan, Leeds University, United Kingdom

Title: Comparison of Wristband-based and ECG-based Sleep Analyses
Yan Ma, Harvard Medical School, USA

Day 3 November 30, 2016
Chattahoochee A

Networking Meeting & Session Discussions
Networking and Refreshment Break 10:45-11:05 @ Foyer

Networking Meeting & Session Discussions
Lunch Break 12:50-14:00 @ Foyer

Networking Meeting & Lunch @ Foyer
Networking and Refreshment Break 16:20-16:40 @ Foyer

Award & Closing Ceremony