

*Scientific Program*

25<sup>th</sup> International Conference on

# HUMAN METABOLIC HEALTH- DIABETES, OBESITY & METABOLISM

March 21-22, 2019 | Dubai, UAE

EARN  
CPD  
POINTS



HUMAN METABOLISM 2019

**Conference Series llc Ltd**

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07:30-08:00

Registration Opens

Hall

08:00-08:30

Opening Ceremony

08:30-09:30

Keynote Presentation

**Title: Distorted fatty acid metabolism and metabolic syndrome**  
Mahabaleshwar Hegde, Bharati Vidyapeeth University, India



09:30-10:30

Keynote Presentation

**Title: Six weeks moderate-intensity combined aerobic and resistance exercise program could be anti-inflammatory treatment and delaying the onset of diabetes for subjects at risk**  
Bandar Manawer Al Harbi, De Montfort University, UK



10:30-10:45

Networking and Refreshments Break with Group Photo

10:45-11:15

Keynote Presentation

**Title: Allicin from garlic having beneficial effects in combating diseases**  
Najmul Islam, Aligarh Muslim University, India



Sessions: Diabetes Mellitus | Biochemistry & Metabolism | Diet for Diabetes | Cardio-Metabolic Disorder | Obesity and Weight Management

Session Chair: James Joseph, God's Own Food Solution Pvt Ltd., India

Session Co-Chair: Ajmila Islam, American University in Dubai, UAE

11:15-11:45

**Title: He lost 18 kilograms and his diabetes**

Samih Abed Odhaib, American Association of Clinical Endocrinologist, Iraq

11:45-12:15

**Title: Well being is truly a matter of choice**

Archana Arora, NU Foods, UAE

12:15-12:45

**Title: Role of diabetic nurse educator in screening, prevention, and management of diabetes**

Raghdha A Hamid, The University of Jordan, Jordan

Lunch Break 12:45-14:00 @ Restaurant

14:00-15:00

Keynote Presentation

**Title: Anti-obesity potential of aged garlic extract: Overview**  
Nicolas Wiernsperger, Association REMEDES, France



15:00-15:30

**Title: Association of atrial fibrillation with diabetic nephropathy: A meta-analysis**

Maha Mohammed Arnous, Security Forced Hospital, Saudi Arabia

15:30-16:00

**Title: A dose response analysis of dual Renin Angiotensin Aldosterone System (RAAS) blockade among diabetic nephropathy patients with albuminuria and proteinuria: A meta-analysis**

Sultan Al Dalbhi, Prince Sultan Military Medical City, Saudi Arabia

16:00-16:15 Networking and Refreshments Break @ Foyer

**Workshop**

16:15-17:15 **Title: Obesity and weight management**  
Bart A Van Wagensveld & Karla El Barmaki, Quro Obesity Center, UAE

17:15-17:35 **Title: Placebo-controlled assessment of the efficacy of a food supplement claimed to have slimming properties (SLIM METABOL 888 ml\)**

17:35-17:55 **Title: Panoramic situation of metabolic diseases, diabetes in low income country case study mozambique mavalane area maputo city**  
Richard Nkurunziza, Mavalane General Hospital, Mozambique

**Young Research Forum**

17:55-18:10 **Title: Knowledge, attitude and practice among prediabetes participated in prediabetes education program**  
Mohsina Hyder K, JSS Academy of Higher Education and Research, India

18:10-18:25 **Title: The adipocyte response to autophagy in adult rat groups receiving different nutritional treatments during childhood**  
Lailan Safina Nasution, University of Indonesia, Indonesia

**Panel Discussion**

Friday 22<sup>nd</sup> March 2019 Day 2

**Hall**

09:00-10:00 **Keynote Presentation**  
**Title: Glycoxidative modification of proteins in diabetes results in generation of neo-antigenic epitopes**  
Moinuddin, Aligarh Muslim University, India



10:00-11:00 **Keynote Presentation**  
**Title: Nutrition management in bariatric surgery**  
Bulbin Jose, Latifa Hospital, UAE



11:00-11:15 Networking and Refreshments Break @ Foyer

11:15-12:15 **Keynote Presentation**  
**Title: Diabetic animals injected with human IgG-methylglyoxal-glucose complex elicit antibodies and shows increase in biochemical markers of rheumatoid arthritis: Correlation with data on diabetic patients of varying age and disease duration**  
Khurshid Alam, Aligarh Muslim University, India



**Sessions: Advanced Treatments for Diabetes | Biochemistry & Metabolism | Obesity Health Effects | Nutrition and Health | Diabetes Nutrition | Control of Obesity**

Session Chair: **Moinuddin**, Aligarh Muslim University, India  
Session Co-Chair: **Dana Al-Hamwi**, Dr. Dana Diet Center, UAE

**12:15-12:45**

**Title: New evidence to prove green jackfruit can reduce lifestyle diseases and demand for diabetic medication**  
**James Joseph**, God's Own Food Solution Pvt Ltd., India

Lunch Break 12:45-14:00 @ Restaurant

**14:00-15:00**

Keynote Presentation

**Title: Plants with special reference to flavanoids and their role in nutrition and obesity prevention**

**Mohammad Kamil**, Zayed Complex for Herbal Research & Trad.Medicine, UAE



**15:00-15:30**

**Title: Whole grains, fruits and vegetables: Do they help in weight management**

**Ajmila Islam**, American University in Dubai, UAE

**15:30-16:00**

**Title: Time to optimal glycaemic control and prognostic factors among Type 2 diabetes mellitus patients in public teaching hospitals in Addis Ababa, Ethiopia**

**Tigist W Leulseged**, St. Paul Hospital Millennium Medical College, Ethiopia

**16:00-16:30**

**Title: Make tea as your new medicine to prevent the epidemic of lifestyle diseases**

**Vani Pulijala**, Astra Healthcare Private Limited, India

**16:30-16:45**

Networking and Refreshments Break @ Foyer

**Poster Presentation@ 16:45-17:15**

**P-01**

**Title: *Helicobacter pylori* in patients undergoing laparoscopic sleeve gastrectomy. Should we really care?**

**Brianna Twomey**, Geelong University Hospital, Australia

**P-02**

**Title: Vitamin D deficiency in early pregnancy, diet and physical activity and development of gestational diabetes in Emirati women**

**Sharifa AlBlooshi**, Zayed University, UAE

**P-03**

**Title: Nutrient intakes and adequacy among preschooler children under blockade in Gaza, Palestine**

**Samir Mohammad Radi**, Al-Azhar University, Palestine

**Video Presentation**

**17:15-17:30**

**Title: The ketogenic diet**

**Aastha Kalra**, Weight Zero MD, USA

Panel Discussion

**Closing Ceremony**





# CITY ATTRACTIONS

