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6<sup>th</sup> International Conference & Exhibition on  
**Herbal & Traditional Medicine**

October 24-25, 2019  
Zurich, Switzerland

**S C I E N T I F I C   P R O G R A M**

08:30-09:00 **Registrations**

09:00-09:30 **Introduction**

**09:30-09:50 COFFEE BREAK**

09:50-11:50  
Meeting Hall 01 **KEYNOTE LECTURES**

**MEETING HALL 01**

11:50-13:10 **Talks On:  
Herbal medicine**

Acupuncture

Pharmacognosy & Phytochemistry

Ayurveda

**13:10-13:15 GROUP PHOTO**

**13:15-14:00 LUNCH BREAK**

**MEETING HALL 01**

14:00-16:00 **Talks On: Chemical Physics**

Traditional Medicine

Modern Medicine

Alternative Medicine

**16:00-16:20 COFFEE BREAK**

**MEETING HALL 01 (16:20-17:00)**

**Young Researchers in Herbal & Traditional Medicine**

09:00-10:30  
Meeting Hall 01

**KEYNOTE LECTURES**

**10:30-10:50 COFFEE BREAK**

**MEETING HALL 01**

10:50-12:50

**Talks On:  
Surface Science**

- Ethnomedicine
- Pain Management
- Herbal drugs

**12:50-13:35 LUNCH BREAK**

**MEETING HALL 01**

**MEETING HALL 02**

13:35-15:55

**Talks On:  
Photochemistry**

- Naturopathic Medicine
- Homeopathy
- Holistic Medicine and Nutrition
- Quality Control and Marketing of Herbal Products

**15:55-16:15 COFFEE BREAK**

**MEETING HALL 01 (16:15-17:00)**

**Poster Presentations**

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**6th International  
Conference & Exhibition on  
Herbal & Traditional  
Medicine**

**OCTOBER 24-25, 2019, ZURICH, SWITZERLAND**

**AGENDA**

## **Astragalus membranaceus: a medicinal plant that possesses diverse anticancer mechanism through its saponin constituents**

### **Joshua K.S. Ko**

Centre for Cancer and Inflammation  
Research, School of Chinese  
Medicine  
Hong Kong Baptist University,  
China

Dr. Ko obtained his PhD degree in Pharmacology at the University of Hong Kong Medical School after completion of his undergraduate training at the University of Toronto, Canada with double specialists in Toxicology and Nutritional Sciences. He has been actively involved in many research projects, published over 100 papers in reputed journals and serving as an editorial board member of various journals including those of the Nature Publishing Group. He is currently member of the American Association for Cancer Research (AACR), European Association for Cancer Research (EACR) and International Union of Basic and Clinical Pharmacology (IUPHAR).

## **Silent Typhoid Research laboratory confirmed cases in Pakistan**

**Dr Rasheed Ahmed,**  
New Hazara Cilinic Haripur KPK  
Pakistan

Dr Rasheed Ahmed has completed his homeopathic degree in 2003 from National College for Homeopathic Pakistan and in 2004 completed his acupuncture training from Open International college Srilanka. He has completed his degree in 2015 from Al-Islam Homeopathic College Azad Kashmir. He has online membership with Red Crescent. He gives lectures in Hawaliyan medical college. He is also doing awareness program on T.v channel about serious diseases and different pain managements. He has expertise in treating Sciatica pain and other spine problems.

## **EFFECTIVENESS OF HOMOEOPATHIC MEDICINE FOR RENAL HYPOPLASIA:**

### **Amir Ashraf**

Homeopathic Physician, Ashirvad  
Hospital, Kannur, India

Homoeopathy is an alternative system of medicine discovered by German physician Samuel Hahnemann in 1796. It has been used by several people for various health conditions globally for more than last 200 years. In India, homoeopathy is considered as a major system of alternative medicine. Homoeopathy is found effective in various medical conditions including renal hypoplasia. Renal hypoplasia is defined as abnormally small kidneys with normal morphology and reduced nephron number, is a common cause of pediatric renal failure and adult-onset disease.

## Herbal cosmetics, fashion and youth: An ethnopharmacological study among urban females in Hyderabad

### **Umbreen Soomro**

Lecturer of Anthropology  
Department of Anthropology and  
Archaeology  
University of Sindh, Pakistan

In this research study, I use the medical anthropology approach of ethnopharmacology to explore and analyze the contemporary use of medicinal plants by young urban females in Hyderabad to heal skin diseases and as an alternative cosmetic. In my study, I use the concept of herbal medicine cosmetics in relation to fashion, media, and youth culture among the young girls. In my work, the ethnopharmacology conceptual approach used in medical anthropology to examine the traditional ways and knowledge of medicine helps to contribute to the traditional medicinal practices in the current era of fashion, modern medicine and youth culture with special focus on skin diseases and beauty.

## ETHNOMEDICAL FINDINGS ON BOTANICALS FREQUENTLY USED FOR CHILDREN'S HEALTH IN SOUTH EASTERN NIGERIA

### **Nwakamma, C.J**

Department of Plant Science and  
Biotechnology,  
Michael Okpara University of  
Agriculture, Umudike, Nigeria

Chioma Nwakamma is a graduate of Plant Science and Biotechnology from Imo State University Owerri, and a postgraduate student of Michael Okpara University of Agriculture, Umudike, Nigeria. Her research interest includes medicinal plants and ethno botany, drug discovery, plant conservation, biotechnology, plant taxonomy and biosystematics. She was born on the 5th of May, 1989 in Imo state Nigeria. She currently teaches Agriculture and Biological Sciences in one of the high schools in Nigeria.

## Essential oil percentage of celery and parsley and their components as affected by method extraction

### **Prof.Dr. Mohammed Sayed Aly Mohammed**

Dep.Medicinal and Aromatic Plants  
Researches, Pharmaceutical and  
Drugs Industries Division, National  
Research Centre, Egypt

Celery essential oil percentage gave insignificant effect according to the two used methods, meanwhile parsley essential oil percentage appeared significant values, the main components of the two plants were decreased with extracted by evaporator, (limonene of celery and Myristicin of parsley). Limonene was decreased from 71.32% with hydro distillation to 42.04% with evaporator hydro distillation, myristicin was lower from 77.58% to 53.69% according to the previously methods.

**Molecular mechanism of a phytochemical Myrtenal ameliorates hyperglycemia by enhancing GLUT2 through Akt in the skeletal muscle and liver of experimental diabetes**

**Leelavinothan Pari**

Department of Biochemistry &  
Biotechnology  
Annamalai University, India

Leelavinothan Pari has completed his Ph.D Biochemistry from University of Madras, Chennai. He is a professor of Biochemistry, Faculty of Science, Annamalai University, Tamil Nadu, India. He has published more than 175 papers in reputed international journals (Citations 9152; h-index 59; i10-index 133.) and has been serving as an editorial board member of repute. Currently he is actively working on health promoting Phytochemicals & Diabetes. He has produced 25 Ph.D and 60 M.Phil.

**ROAD LESS TRAVEL TO DESTINATION IN MANAGEMENT OF DIABETES**

**Ashok Kumar Jain**

Motherhood  
university,India

Ashok kumar Jain completed his MD, PhD in Ayurveda and involved in Ayurveda Research in different chronic diseases specially in Diabetes for last 35 year. He is professor and Director of Diabetes research Institution. He is member of many national and International medical and non medical organizations. Many medals conferred to him for his out standing research in Traditional medicine .More than 25 papers have been published. Visited many countries for the promotion of Traditional and Alternative medical system.

**An Open- Label Clinical Study to Compare the Combined Efficacy of Sahacharadi Taila Pana and Siravyadha with Exercise and Bandage in Varicose Veins**

**Dr SHIJO YJ**

DEPARTMENT OF  
SHALYATANTRA  
SHRI DHANWANTRY AYURVEDIC  
COLLEGE AND HOSPITAL  
CHANDIGARH, INDIA

Dr Shijo YJ has completed his Bachelor of Ayurvedic Medicine and Surgery from Rajivgandhi University of Health Sciences Bangalore India and completed Master of Surgery (MS) at the age of 26 years from Amrita University India. He is currently working as an Assistant Professor in the Department of Shalyatantra(Surgery) at Shri Dhanwantry Ayurvedic College and Hospital Chandigarh,India.

## Indigenous Knowledge Healing theory of infant illness rigoni in

### **Richard Rikhotso**

University of Pretoria, 31  
Bophelo road, Arcadia ,  
Republic of South Africa

Richard Rikhotso has completed his PhD at the age of 48 years from University of Pretoria. He is the senior lecturer at the University of Pretoria, Department of Nursing Sciences. He has published about seven papers in peer-reviewed. His research focuses on indigenous knowledge systems, particularly infant illnesses such as rigoni. He has supervised masters students in nursing and currently supervises PhD students under mentorship of Prof FM Mulaudzi and Prof MD Peu. He has examined more than three PhD theses from other universities in South Africa. Currently pursuing postdoctoral studies on infant illnesses rigoni.

## The eight weeks of Swiss ball exercise on cardiovascular and

### **Taweesak Janyacharoen**

Khon Kaen University, Khon Kaen,  
Thailand

Taweesak Janyacharoen has completed his PhD in 2009 from Khon Kaen University, Thailand. He is a secretary in Research Center in Back, Neck, Other Joint Pain and Human Performance (BNOJPH), Khon Kaen University, Khon Kaen, Thailand. He has published more than 20 papers in international and Thai journals.

## Study on Fuzhengkang'ai decoction in treating lung cancer

### **Sumei Wang**

Guangzhou University of Chinese  
Medicine, GZ 510005, China

Sumei Wang was graduated from Sun-Yet Sun University and University of Texas MD Anderson Cancer Center. She has been studying oncology for more than 10 years and now is working on how Traditional Chinese Medicine treat human cancer and its mechanisms. She has published more than 30 papers in reputed journals and has been serving as reviewers for many SCI journals including Oncogene, Cancer Biology & Medicine, and Cancer Cell International and etc.

## Indigenous Knowledge Healing theory of infant illness rigoni in Vhembe district of Limpopo province

**Richard Rikhotso**

University of Pretoria, 31 Bophelo road, Arcadia , Republic of South Africa

The broad purpose of this paper is to share and contribute new knowledge towards health and illnesses in an indigenous knowledge (IK) perspective, through the created theory. A grounded theory approach was used, underpinned by indigeneity lens within indigenous knowledge systems to explore and describe management of infant illness rigoni by THPs and IKHs. The reservoir of indigenous knowledge were THPs and IKHs who are able to treat and manage rigoni in Vhembe district, Makhado municipality in Limpopo province.

## STUDENTS' PERCEPTION OF MYSTICAL AND PATHOGENIC AGENTS OF DISEASE CAUSATION

**Emmanuel C.  
Anizoba**

Department of Religion and Cultural Studies,  
University of Nigeria, Nsukka

There are varied factors that can cause diseases hence, diseases are multifactorial in nature. Principally, diseases are caused by pathogens and parasites. Some environmental agents and/or factors that are culturally-based; capable of making an individual susceptible to diseases are called mystical agents. The study investigated students' perception of mystical and pathogenic agents of disease causation. It was carried out in Obollo-Afor Education Zone of Enugu State of Nigeria. Guided by four research questions and two null hypotheses, the study employed descriptive survey research design.

## ETHNOMEDICINE STUDY ON GINGER IN THE HEALTH SYSTEM AMONG THE LOCAL ETHNIC COMMUNITY IN THE WEST COAST SABAH

**JURRY FOO**

Geography Program, Faculty of Humanities, Art and Heritage  
Universiti Malaysia Sabah, Kota Kinabalu, Sabah.

JURRY FOO (Dr.) is a PhD. holder in the field of Environment and Development from Universiti Kebangsaan Malaysia, Bangi, Selangor. She is a Senior Lecturer in the Geography Program and also a research fellow for Borneo Institute For Indigenous Studies (BORIIS) at the Faculty of Humanities, Arts and Heritage, Universiti Malaysia Sabah. Her field of expertise is Social Biogeography as well as environmental management and community. She is doing medicinal plants study for both of her MPhil and PHD theses. Her email address is jurryfm@ums.edu.my.

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