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Tentative Program

International Conference on

FITNESS AND EXPO

June 06-07, 2018 Philadelphia, Pennsylvania, USA

Theme: "Fitness to Provide a Preferable Health"



****For Available Speaker Slots****

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<https://fitness.conferenceseries.com/>

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Program at a Glance

Day 1

Morning Sessions	Reception	08.00-09.00	
	Time	General Sessions	
	09.00-09.15	Inaugural Address	
	09.15-10:00	Keynote/Plenary Talk 1	
	10.00-10:45	Keynote/Plenary Talk 2	
	Panel Discussions/Group Photo 10:45-10:50		
	Coffee/Tea Break 10.50-11.10 (Networking)		
	11.10-12.10	Session on: Fitness Research & Development	
Evening Sessions	12.10-13.10	Session on: Physical education & Rehabilitation	
	Lunch Break 13.10 -13.40		
	13.40-14.40	Session on: Types of Fitness & Benefits	
	14.40-15.40	Session on: Nutrition Immunology	
	15.40-16.10	Session on: Fitness Anatomy & Physiology	
	Coffee/Tea Break 16.10-16.25 (Networking)		
	16.25-18.00	Workshop	

Day 2

Morning Sessions	Time	Sessions
	09.00-10.00	Session on:Kinesiology and musculoskeletal Development
	10.00-10.40	Session on:Neurological Physical Therapy & Rehabilitation
	Coffee/Tea Break 10.40-10.55 (Networking)	
	10.55-11.45	Session on: Sports science and Medicine
	11:45-12:35	Session on: Aerobic Exercise
Evening Sessions	Lunch Break 12.35-13.25	
	13.25-14.25	Session on: Yoga Therapy and Naturopathy
	14.25-15.25	Session on: Psychiatry & Psychological disorders
	Coffee/Tea Break 15:25-15:45 (Networking)	
	15.45-16.30	Session on: Obesity Fitness Clinical Research
	16.30-17.30	Session on: Vitamins & Dietary Supplements
	Poster Sessions	
	Young Resercher Forum	

Awards and Closing Ceremony

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Glimpses of Fitness and Expo Conferences



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Tourist Destinations in Philadelphia, USA



Academy of Music



Adventure Aquarium Philadelphia



Benjamin Franklin Parkway



Boathouse Row2-R Kennedy



Erie pa



Philadelphia Broad Street



Long Woodgarden HK



Philadelphia Zoo

Major Scientific Sessions

- **Fitness Research & Development**
- **Physical education & Rehabilitation**
- **Types of Fitness & Benefits**
- **Factors affecting body's fitness**
- **Fitness Anatomy & Physiology**
- **Kinesiology and musculoskeletal Development**
- **Liposuction & advanced weight loss treatments**
- **Neurological Physical Therapy & Rehabilitation**
- **Sports science and Medicine**
- **Yoga Therapy and Naturopathy**
- **Psychiatry & Psychological disorders**
- **Obesity Fitness Clinical Research**
- **Osteoporosis and Muscular Strength**
- **Weight managing during pregnancy**
- **Vitamins & Dietary Supplements**
- **Orthopedic Physical Therapy**
- **Nutrition Immunology ↑**
- **Aerobic Exercise**

Best Poster Award



- You will be given about 5-7 minutes to present your poster including questions and answers. Judges may pose questions during the evaluation of the poster
- Judges will even evaluate the student's enthusiasm towards their study, interest and knowledge in the area of their research
- The winners will be announced at the closing ceremony of the conference. The decision of the winner will be withdrawn if the winner/winners is/are not present at the time of announcement
- Apart from the judging time you may also be present at the poster to share your research with interested delegates



Young Researchers Forum

- Present your research through oral presentations
- Learn about career development and the latest research tools and technologies in your field
- This forum will give pertinent and timely information to those who conduct research and those who use and benefit from research
- Develop a foundation for collaboration among young researchers
- The forum will provide an opportunity for collegial interaction with other young investigators and established senior investigators across the globe
- Interact and share ideas with both peers and mentors

General Queries

Email: fitness@healthconferences.org

Conference Venue

Philadelphia, USA

Contact us

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Fitness 2018

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Conference Venue Philadelphia, USA

The individuals philadelphia area's Different Europe, theoretical solicitations obliged extra refinement In troublesomeness work, Additionally theoretical science might have been similarly schools make it an essential examination destination, Also the city prerequisite made under a instructively Additionally cash related center Also as expressed to those people division something like financing Analysis, the individuals philadelphia space required a horrifying down home relic to US\$431 billion once more 2016, the people eighth-largest metropolitan economy in the united states. Philadelphia could an opportunity with make those people perspective of merging over budgetary improvemen with pennsylvania besides could an opportunity should a chance to be home to five fortune 1000 acquaintanceships. The individuals philadelphia horizon could an opportunity to be expanding, for an profits of those business over Practically 81,900 benefits of the business properties secured end by 2016, including several comprehensively unmistakable skyscrapers. Philadelphia need a additional staggering measure outside sculptures Additionally murals over whatever attainable american city. Fairmount Park, that viewpoint At united with the touching Wissahickon valley prevent in the same watershed, will be a champion around those people best touching urban park ranges in the united states. The city will settle on alluded looking into for its arts, culture, What's more pioneer chronicled landscape which pulled for 42 million family unit visitors carried out 2016 who went through \$6. 8 billion, generating a evaluated \$11 billion through supreme financial impact in the city besides including four counties around pennsylvania. Philadelphia urging motivation behind Additionally climbed concerning outline an biotechnology point of convergence.