

Meeting Place 2

Opening Ceremony

09:40-09:55

Keynote Talks

09:55-10:40 Title: European perspective on nutraceuticals Girish H Kedar, GLOVERK Consultancy, Netherlands Group Photo Networking and Refreshments Break 10:40-11:00 @ Pre fu	ınction area	
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Title: Plant-based diets and nutraceuticals in diabetes 11:00-11:45		
Daniela de Almeida, FAIPE University School, Brazil		
Title: G.I.T – Immunology 11:45-12:30		
Jean-Marie Poffé,Pharmacist-Nutritionist, Belgium		
Title: The gut-brain connection: How what we eat affects our mental health?		
Madeleine Karlsson, Nutrition for Naughty People, Monaco		
Lunch Break 13:15-14:05 @	The Gallery	
Sessions: Nutraceuticals Natural Medicine Probiotics and Prebiotics Nutraceuticals in cardiovascular Health Recent Trends in Nutraceuticals Traditional Medicine Nutrition		
Chair: Girish H Kedar, GLOVERK Consultancy, Netherlands Co-Chair: Daniela de Almeida, FAIPE University School, Brazil		
Title: Effect of saffron aqueous extract and its carotenoids (crocin and crocetin) on plasma prote pattern, expression of SIRT1/LOX1 genes and miRNA-223, and serum homocysteine levels in ath patients		
Saeed Abedimanesh,Tarbiat Modares University, Iran		
Title: Plant foods reverse chronic diseases		
14:35-15:05 Benjamin Dwumaa Nuako, Pacific Health Education Centre, USA		
Title: Antimicrobial activity of <i>Epimedium</i> (<i>Berberidaceae</i>) species growing in Turkey		
15:05-15:35 Derya Cicek Polat, Ankara University, Turkey		
Networking and Refreshments Break 15:35-16:20 @ Pre function area		
Title: Evaluation of Alchemilla persica antidiabetic activity on mice induced by alloxan		
16:20- 16:50 Ekin Kurtul, Ankara University, Turkey		
Title: Antioxidant and vasorelaxant effects of aqueous extract of large cardamom in L-NAME ind	uced	
16:50- 17:20 hypertensive rats		
Uma Devi P, Amrita Vishwa Vidyapeetham, India		
Title: <i>In-silico</i> docking study of <i>Terminalia catappa</i> Linn as a potent anti-diabetic agent		
Olusola Abiola Ladokun, Lead City University, Nigeria		



Day 2 October 23, 2018

Keynote Talks

09:15-10:00	Title: Cruciferous vegetables and cancer prevention	
	Mrittika Ganguly, Netherlands	
10:00-10:45	Title: GC-MS and molecular docking studies of <i>Hunteria umbellata</i> methanolic extract as a potent antidiabetic agent	
	Olusola Abiola Ladokun, Lead City University, Nigeria	
Poster Presentation and Refreshments Break 10:45- 11:05 @ Pre function area		
WCNM-001	Title: Differences in post-operative bowel function and ileus between right and left sided radical colorectal resections	
	Ben Liu, North Wales, United Kingdom	
WCNM-002	Title: On the tradition of alimentotherapy and the medical use of medicinal porridge in Korea	
	Min-Ho Lee, Korea Institute of Oriental Medicine, Korea	
WCNM-003	Title: A study on the Korean alimentotherapy 'Sikchi' and health attributes of Korean traditional food	
	Yu Jin Kim, Korea Food Resarch Institute, South Korea	
Special Session		
11:05-12:05	Title: Ancient wisdom and unexplored Indian traditional medicine	
	Girish H. Kedar, GLOVERK Consultancy, Amsterdam	
Sessions: Nutraceuticals Nutrition Traditional Medicine Food Is medicine Nutritional Supplements Functional Foods		
Chair: Jean-Marie Poffé, Nutrition Cellulaire, Belgium		
12:05-12:35	Title: Simplifying food: What, when & how to eat for optimal health?	
	Madeleine Karlsson, Nutrition for Naughty People, Monaco	
Video Presentation		
12:35-12:50	Title: Using Nutrition based therapy for improving sleep quality	
	Abhishek Ganpatrao Dhawan, Feelsofts, India	
Closing and Award Ceremony		
	Lunch Break 12:50-13:50 @ The Gallery	