Scientific Program

World Congress on Nutraceuticals and Natural Medicine

October 22-23, 2018
Amsterdam, Netherlands

Venue
Hyatt Place Amsterdam Airport
Rijnlanderweg 800 Hoofddorp,
Amsterdam, Netherlands, 2132 NN
Opening Ceremony
09:40-09:55

Keynote Talks

09:55-10:40
Title: European perspective on nutraceuticals
Girish H Kedar, GLOVERK Consultancy, Netherlands

Group Photo

Networking and Refreshments Break 10:40-11:00 @ Pre function area

11:00-11:45
Title: Plant-based diets and nutraceuticals in diabetes
Daniela de Almeida, FAIPE University School, Brazil

11:45-12:30
Title: G.I.T – Immunology
Jean-Marie Poffé, Pharmacist-Nutritionist, Belgium

12:30-13:15
Title: The gut-brain connection: How what we eat affects our mental health?
Madeleine Karlsson, Nutrition for Naughty People, Monaco

Lunch Break 13:15-14:05 @ The Gallery

Sessions: Nutraceuticals | Natural Medicine | Probiotics and Prebiotics | Nutraceuticals in cardiovascular Health | Recent Trends in Nutraceuticals | Traditional Medicine | Nutrition

Chair: Girish H Kedar, GLOVERK Consultancy, Netherlands | Co-Chair: Daniela de Almeida, FAIPE University School, Brazil

14:05-14:35
Title: Effect of saffron aqueous extract and its carotenoids (crocin and crocetin) on plasma proteome pattern, expression of SIRT1/LOX1 genes and miRNA-223, and serum homocysteine levels in atherosclerotic patients
Saeed Abedimanesh, Tarbiat Modares University, Iran

14:35-15:05
Title: Plant foods reverse chronic diseases
Benjamin Dwumaa Nuako, Pacific Health Education Centre, USA

15:05-15:35
Title: Antimicrobial activity of Epimedium (Berberidaceae) species growing in Turkey
Derya Cicek Polat, Ankara University, Turkey

Networking and Refreshments Break 15:35-16:20 @ Pre function area

16:20-16:50
Title: Evaluation of Alchemilla persica antidiabetic activity on mice induced by alloxan
Ekin Kurtul, Ankara University, Turkey

16:50-17:20
Title: Antioxidant and vasorelaxant effects of aqueous extract of large cardamom in L-NAME induced hypertensive rats
Uma Devi P, Amrita Vishwa Vidyapeetham, India

17:20-17:50
Title: In-silico docking study of Terminalia catappa Linn as a potent anti-diabetic agent
Olusola Abiola Ladokun, Lead City University, Nigeria

End of Day 1
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<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution</th>
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<tr>
<td>09:15-10:00</td>
<td>Title: Cruciferous vegetables and cancer prevention</td>
<td>Mrittika Ganguly, Netherlands</td>
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<td>10:00-10:45</td>
<td>Title: GC-MS and molecular docking studies of <em>Hunteria umbellata</em> methanolic extract as a potent antidiabetic agent</td>
<td>Olusola Abiola Ladokun, Lead City University, Nigeria</td>
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<td><strong>Poster Presentation and Refreshments Break 10:45- 11:05  @ Pre function area</strong></td>
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<td>WCNM-001</td>
<td>Title: Differences in post-operative bowel function and ileus between right and left sided radical colorectal resections</td>
<td>Ben Liu, North Wales, United Kingdom</td>
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<td>WCNM-002</td>
<td>Title: On the tradition of alimentotherapy and the medical use of medicinal porridge in Korea</td>
<td>Min-Ho Lee, Korea Institute of Oriental Medicine, Korea</td>
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<td>WCNM-003</td>
<td>Title: A study on the Korean alimentotherapy ‘Sikchi’ and health attributes of Korean traditional food</td>
<td>Yu Jin Kim, Korea Food Research Institute, South Korea</td>
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<td><strong>Special Session</strong></td>
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<td>11:05-12:05</td>
<td>Title: Ancient wisdom and unexplored Indian traditional medicine</td>
<td>Girish H. Kedar, GLOVERK Consultancy, Amsterdam</td>
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<td><strong>Sessions:</strong> Nutraceuticals</td>
<td>Nutrition</td>
<td>Traditional Medicine</td>
<td>Food Is medicine</td>
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**Chair:** Jean-Marie Poffé, Nutrition Cellulaire, Belgium

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<td>12:05-12:35</td>
<td>Title: Simplifying food: What, when &amp; how to eat for optimal health?</td>
<td>Madeleine Karlsson, Nutrition for Naughty People, Monaco</td>
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<td>12:35-12:50</td>
<td>Title: Using Nutrition based therapy for improving sleep quality</td>
<td>Abhishek Ganpatrao Dhawan, Feelsofts, India</td>
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**Closing and Award Ceremony**

**Lunch Break 12:50-13:50 @ The Gallery**