Day 1 June 14, 2019		
09:00-10:00 Registrations		
Hall Name @ Rembrandt 1		
10:00-10:30 Opening Ceremony		
Keynote Forum		
Introduction		
10:00-10:40	Title: Reducing risk of mental health problems in mothers served in neonatal intensive care nurseries: nurses' communication skills as a key variable	
10:40-11:20	George HS Singer, University of California, USA Title: The lived experiences of autistic adults as novice Aikido martial artists: a thematic analysis Brian McCann, Newpark Comprehensive School, Ireland	
	Group Photo	
	11:20-11:40 Networking & Refreshment Break @Foyer	
11:40-12:20	Title: Recovery for all in the community; principles and key elements of community-based mental health care: the European Community Mental Health Services Network (EUCOMS)	
	Rene Keet, GGZ Noord-Holland-Noord, Netherlands	
Sessions: Mental Health Clinical Psychology Child and Adolescent Psychiatry Addiction and Mental Health		
Session Introduction		
Session Chair:	George HS Singer, University of California, USA	
12:20-12:50	Title: Investigating ways to aid recovery in mental health illness	
	Davy Dries, Ghent University, Belgium	
	Lunch 12:50-13:50 @ Restaurant	
13:50-14:20	Title: Nation variability within a European context: social representations of mental health and mental illness, and public perceptions towards persons labelled mentally ill	
	Ragnhild Dalaker, Middlesex University, UK	
14:20-14:50	Title: Martial arts as an intervention in Autism Spectrum Disorder (ASD): A review of current research	
	Brian McCann, Newpark Comprehensive School, Ireland	

Sessions: Psychiatry and Psychological Disorders Stress, Anxiety and Depression Psychiatric Nursing Psychiatry and Psychology Practices		
Session Chair: George HS Singer, University of California, USA		
14:50-15:20	Title: System therapeutic principles in working with psychosis Davy Dries, Ghent University, Belgium	
15:20-15:50	Title: Rehabilitation issues Nick Schouten, Mental Health Social Worker Neuropsychiatry GGzE Eindhoven, Netherlands	
Networking & Refreshment Break 15:50-16:10 @ Foyer		
16:10-16:40	Title: Impact of insomnia on optimism a predictor factor among young adults in Indian context Aprajita Jayaswal, Amity University, India	
16:40-17:10	Title: Antenatal depression scores in newly diagnosed HIV-infected and uninfected women in KwaZulu-Natal, South Africa	
	Puvashnee Nydoo, University of KwaZulu-Natal, South Africa	
Day 1 Closed		
	Day 2: June 15, 2019	
	Networking & Lunch	