### Day 1: Wednesday, 15th April

**08:30-09:00** Registrations

**09:00-09:30** Introduction

**09:30-09:50** COFFEE BREAK

**09:50-11:50** MEETING HALL 01: **KEYNOTE LECTURES**

#### MEETING HALL 01

<table>
<thead>
<tr>
<th>Talks On:</th>
<th>Genetics of Diabetes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type 1 Diabetes Hereditary</td>
<td><em>Diabetes Research</em></td>
</tr>
<tr>
<td>Diet</td>
<td><em>Diabetes and cancer</em></td>
</tr>
<tr>
<td>Obesity</td>
<td><em>Obesity</em></td>
</tr>
<tr>
<td>Metabolic Syndrome</td>
<td><em>Type 1 Diabetes</em></td>
</tr>
<tr>
<td>Insulin Resistance</td>
<td><em>Type 2 Diabetes</em></td>
</tr>
</tbody>
</table>

#### MEETING HALL 02: **EMERGING FOCUS IN DIABETES RESEARCH**

<table>
<thead>
<tr>
<th>Talks On:</th>
<th>Emerging Focus in Diabetes Research</th>
</tr>
</thead>
</table>

**11:50-12:30**

**Talks On:**
- Genetics of Diabetes
- Emerging Focus in Diabetes Research

**12:30-13:10**

**Talks On:**
- Risk Factors and Related Diseases of Diabetes
- Type 1 Diabetes Mellitus

#### MEETING HALL 01

<table>
<thead>
<tr>
<th>Talks On:</th>
<th>Risk Factors and Related Diseases of Diabetes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diabetic Cardiomyopathy</td>
<td><em>A1C test</em></td>
</tr>
<tr>
<td>Diabetic Retinopathy</td>
<td><em>Blood pressure test</em></td>
</tr>
<tr>
<td>Prediabetes</td>
<td><em>Pancreas Transplant Animation</em></td>
</tr>
<tr>
<td>Increased thirst</td>
<td><em>Fatigue</em></td>
</tr>
<tr>
<td>Frequent thirst</td>
<td><em>Frequent Urination</em></td>
</tr>
</tbody>
</table>

#### MEETING HALL 02

<table>
<thead>
<tr>
<th>Talks On:</th>
<th>Type 1 Diabetes Mellitus</th>
</tr>
</thead>
</table>

**13:10-13:15** GROUP PHOTO

**13:15-14:00** LUNCH BREAK

**14:00-15:00** MEETING HALL 01: **TYPE 2 DIABETES MELLITUS**

<table>
<thead>
<tr>
<th>Talks On:</th>
<th>Type 2 Diabetes Mellitus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glucose tolerance test</td>
<td><em>Genetics of Diabetes</em></td>
</tr>
<tr>
<td>Unexplained weight loss</td>
<td><em>Placental Hormones</em></td>
</tr>
<tr>
<td>Heart and blood vessel disease</td>
<td><em>Blurred Vision</em></td>
</tr>
<tr>
<td>Nerve damage (neuropathy)</td>
<td><em>Fatigue</em></td>
</tr>
<tr>
<td>Kidney damage (nephropathy)</td>
<td><em>Diet Therapy</em></td>
</tr>
</tbody>
</table>

#### MEETING HALL 02: **GESTATIONAL DIABETES**

| Talks On: | Gestational Diabetes |

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[Link](https://europe.endocrineconferences.com/)
## SCIENTIFIC PROGRAM

### DAY 1

**Wednesday, 15\textsuperscript{th} April**

<table>
<thead>
<tr>
<th>15:00-16:00</th>
<th>MEETING HALL 01</th>
<th>MEETING HALL 02</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Talks On:</strong> Diabetes Ophthalmology</td>
<td><strong>Talks On:</strong> Diabetic Diet and Nutrition</td>
<td></td>
</tr>
<tr>
<td>Ophthalmic Investigations</td>
<td>The Plate Method</td>
<td></td>
</tr>
<tr>
<td>No proliferative and Proliferative retinopathy</td>
<td>Counting Carbohydrates</td>
<td></td>
</tr>
<tr>
<td>No proliferative and Proliferative retinopathy</td>
<td>Choose Your Foods</td>
<td></td>
</tr>
<tr>
<td>Vitrectomy surgery</td>
<td>Glycemic Index</td>
<td></td>
</tr>
<tr>
<td>Cataract and Glaucoma</td>
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</tbody>
</table>

### 16:00-16:20  COFFEE BREAK

<table>
<thead>
<tr>
<th>16:00-16:20</th>
<th>MEETING HALL 01 (16:20-17:00)</th>
<th>MEETING HALL 01 (17:00-18:00)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Young Researchers Forum</strong></td>
<td><strong>Workshop</strong></td>
<td></td>
</tr>
</tbody>
</table>
### KEYNOTE LECTURES

**09:00-10:30**  
**Meeting Hall 01**  

#### 10:30-10:50  
**COFFEE BREAK**  

**10:50-11:50**  
**Meeting Hall 01**  
**Talks On:** Stem Cell treatment for Type 2 Diabetes  
- Stem Cell Therapy  
- Treatment of Diabetes  
- Embryonic Stem Cell Research  
- Type 1 Diabetes Beta Cells  
- Umbilical Stem Cells  

**Meeting Hall 02**  
**Talks On:** Advanced Technologies for the Treatment of Diabetes  
- New Discoveries and Emerging Therapies for Type 1 Diabetes  
- New Discovery and Treatment for Type 2 Diabetes  
- New Therapeutic Mechanisms for Diabetes  
- Other advanced medical technologies used in hospitals  

#### 11:50-12:50  
**Meeting Hall 01**  
**Talks On:** Insulin Medication  
- Diabetics and Insulin  
- Insulin Medication of Type 2 Diabetes Mellitus  
- Insulin Therapy  
- Insulin with Oral Medications  
- Insulin Injection Technique  

**Meeting Hall 02**  
**Talks On:** Ketogenic Diet for Diabetes  
- Very-low-carb Ketogenic diet (VLCKD)  
- Well Formulated Ketogenic Diet (WFKD)  
- MCT Ketogenic Diet  
- Carbohydrates and diabetes  
- Acid-alkaline diet  

#### 12:50-13:35  
**LUNCH BREAK**  

#### 13:35-15:55  
**Meeting Hall 01**  
**Talks On:** Endocrinology and Diabetes  
- Cushing’s disease  
- Graves’ disease  
- Hypoglycaemia  
- Hyperthyroidism  
- Osteoporosis  

#### 15:55-16:15  
**COFFEE BREAK**  

[https://europe.endocrineconferences.com/](https://europe.endocrineconferences.com/).
Glimpses of Euro Endocrinology Series Conferences
Glimpses of Euro Endocrinology Series Conferences
13th European
Diabetes and Endocrinology Congress
November 26-27, 2018 | Dublin, Ireland
DAY-1
November 26, 2018
Meeting Hall: Library Suite

Opening Ceremony

KEYNOTE FORUM

Introduction
Title: Using math-physical medicine to study the probability of having a heart attack or stroke based on metabolism index (MI)
Gerald C. Hsu | eclaireMD Foundation | USA
Title: Prevalence and trends of obesity and overweight in Chinese adults, 2004-2013
J Shen | Immunological Genetics and HLA Typing | China

GROUP PHOTO

Networking & Refreshments Library pre-function room

Title: Inhibiting or antagonizing glucagon: Making progress in diabetes care?
Pierre Lefebvre | The University of Liège | Belgium

Sessions: Endocrinology and Metabolism | Obesity and Metabolism | Diabetes Therapeutics and Diagnostics

Chair: Pierre Lefebvre | The University of Liege | Belgium
Co-Chair: Gerald C Hsu | eclaireMD Foundation | USA

INTRODUCTION

Title: Alleviation of tamoxifen resistance by modulating ERα alternative splicing
O Kenji | Fukuoka University | Japan
Title: Positive attitude facilitates glucose control in type 2 diabetes
Shaoyun Wang | Shengli Oilfield Central Hospital | China

Panel Discussion

Lunch Break Library pre-function room

Title: Analysis of the AVRORA Study: Reduxine®Met (sibutramine+metformine) safety monitoring in patients with type 2 diabetes mellitus and alimentary obesity
Tatiana Romantsova | Moscow State Medical University | Russian Federation
Title: Placental fatty acid transporters in obese pregnancy women
Álvarez D | University of Chile | South Africa

Title: Audit on in-patient diabetes knowledge among healthcare professionals
Lydiya Thomas | Dr Gray’s Hospital | UK
Networking & Refreshments @ Library pre-fuction room

Title: Obesity and the cost of care of type 2 diabetes among hospital patients  
Christine M Fray-Aiken | The None in Three Research Centre | Jamaica

Title: Diabetes and sepsis: Multi risk, recurrence, and multi impact  
Achu Swiri Abah | District hospital in Cameroon | Cameroon

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DAY-2

November 27, 2018
Meeting Hall: Library Suite

KEYNOTE FORUM

Title: The big Vitamin D mistake  
Dimitris T Papadimitriou | Athens Medical Center | Greece

Sessions: Diabetes and Sepsis | Adrenal Disorders | Herbal and Alternative Remedies | Hormone Dependent Cancers

Chair: J Shen | Immunological Genetics and HLA Typing | China
Co-Chair: Dimitris T Papadimitriou | Athens Medical Center | Greece

INTRODUCTION

Title: Single nucleotide polymorphisms at erythropoietin, superoxide dismutase 1, splicing factor, arginine/serin-rich 15 and plasmacytoma variant translocation genes association with diabetic nephropathy  
Maisaa Al Wohhaib | Kuwait University | UAE

Title: Using math-physics medicine to predict FPG  
Gerald C Hsu | eclaireMD Foundation | USA

Networking & Refreshments Library pre-fuction room

POSTER PRESENTATIONS @ LIBRARY PRE-FUCTION ROOM

Poster Judge: Dimitris T Papadimitriou | Athens Medical Center | Greece

Awards & Closing Ceremony

Networking and Lunch Library pre-fuction room