**Thursday 30th May 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>09:00-09:30</td>
<td>Registration Opens</td>
</tr>
<tr>
<td>09:30-10:00</td>
<td>Opening Ceremony</td>
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<tr>
<td>10:00-11:00</td>
<td>Keynote Presentation</td>
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</table>
| 10:00-10:30   | **Title: Plastic surgery after massive weight loss**
|               | Alessandro Ferrario, Gruppo Ospedaliero San Donato, Italy |
| 11:00-11:30   | Networking and Refreshments Break with Group Photo |
| 11:30-12:30   | Keynote Presentation                       |
| 11:30-11:50   | **Title: Metabolic syndrome and obesity in children with genetic disorders**
|               | Anshoo Agarwal, RAK Medical and Health Sciences University, UAE |
|               | Lunch Break 12:30-13:30 @ Restaurant       |

**Sessions: Diabetes and Cardiovascular Disease | Bariatric Therapy | Weight Management | Obesity and its Causes | Obesity and Diabetes**

**Session Chair: Anshoo Agarwal, RAK Medical and Health Sciences University, UAE**

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| 13:30-14:00   | **Title: Blood lipid levels and its correlation with glucose status in diabetic patients**
|               | Kirkuk province
|               | Aydin S Ahmed, Northern Technical University, Iraq |
| 14:00-14:30   | **Title: Carotid intima media thickness: A predictor for subclinical atherosclerosis in syndrome X**
|               | Sneha Naik, Mediheal Hospital- Nairobi, Kenya |
| 14:30-15:00   | **Title: Dealing with obesity at a public sector hospital in Pakistan, A third world country with limited resources**
|               | Muhammad Kashif, SIMS/Services Hospital, Pakistan |
| 15:00-15:30   | **Title: Impaired fasting glucose prevalence surge among Iranian adolescents in a decade: The Tehran lipid and glucose study**
|               | Vahid Eidkhani, Shahid Beheshti University of Medical Sciences and Health, Iran |
| 15:30-16:00   | Networking and Refreshments Break          |

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| 16:00-16:30   | **Title: Musculoskeletal manifestations of diabetes mellitus**
|               | Samrat Shah, Mediheal Group of Hospitals, Kenya |
| 16:30-17:00   | **Title: Nephropathy and dyslipidemia in diabetic patients attending diabetic clinic at Hawassa university comprehensive specialized hospital, Southern Ethiopia**
|               | Alemayehu Z Golla, College of Medicine and Health Sciences, Ethiopia |
| 17:00-17:30   | **Title: Micro RNA 29a and b expression in youngsters of diabetic and non-diabetic parents**
|               | Uzair Abbas, Pakistan |

**Panel Discussion**
Friday 31st May 2019

**Hall**

### Keynote Presentation
10:00-11:00

**Title:** During laparoscopic sleeve gastrectomy, in the middle of the firing the endogia staple shaft was broken: Video-assisted case presentation  
**Fahri Yetisir,** Ankara Ozel Medisis Hastanesi, Turkey

### Networking and Refreshments Break
11:00-11:30

### Keynote Presentation
11:30-12:30

**Title:** Preparation and post-operative treatment in bariatric surgery  
**Erawan Wiradisuria,** RS. Premier Bintaro, Indonesia

### Lunch Break 12:30-13:30 @ Restaurant

### Keynote Presentation
13:30-14:30

**Title:** Food and nutrition for obesity control  
**Prakash Kondekar,** Purohit Hospital, India

### Special Session
14:30-15:30

**Title:** An innovative approach to management of diabetic foot ulcer at clinic level using CGM-case report  
**Dilip Kumar Kandar,** Mahavir Hospital & Research Centre, India

### Sessions: Obesity and Nutrition | Bariatric Therapy | Obesity and its Causes | Obesity and Diabetes | Endocrinology | Genetics of Obesity | Diabetic Foot and Ankle

**Session Chair:** Anshoo Agarwal, RAK Medical and Health Sciences University, UAE

#### 15:30-16:00

**Title:** “Scarless reverse umbilicoplasty”: A new technique of umbilical transposition in abdominoplasty  
**Alessandro Ferrario,** Gruppo Ospedaliero San Donato, Italy

#### 16:00-16:30

### Networking and Refreshments Break

### 16:30-17:00

**Title:** The role of bariatric endoscopy in the obesity pandemic  
**Ali Youssef Fakhreddine,** Scripps Clinic, USA

### 17:00-17:30

**Title:** Energy drinks and obesity in special need children  
**Anshoo Agarwal,** RAK Medical and Health Sciences University, UAE

### 17:30-18:00

**Title:** Diabetic foot wound infection in Kirkuk city; Microbial incidence and types  
**Aydin S Ahmed,** Northern Technical University, Iraq

### 18:00-18:30

**Title:** The choice of method of surgical correction of complicated forms of diabetes type 2 (Video Presentation)  
**Okhunov A O,** Tashkent Medical Academy, Uzbekistan

### Poster Presentation

**P1**

**Title:** Chronic hydrogen sulfide alters microglial activation in the spinal cord of streptozotocin-induced diabetic rats  
**Alyaa Mousa,** Kuwait University, Kuwait

### Closing Ceremony