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Scientific Program

3rd International Conference on

Clinical and Counseling Psychology

August 20-21 ,2018 Singapore



Hosting Organization: Conference Series LLC LTD

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Day 1 August 20, 2018

08:30-09:30 Registrations

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Seletar Room 1

09:30-09:55

Opening Ceremony

Keynote Forum

09:55-10:00 Introduction

10:00-10:45 Title: Harnessing the potential of mental health applications: Opportunities and implications for clinical and counseling psychology

Aileen M Pidgeon, Bond University, Australia

Networking and Refreshments Break: 10:45-11:05 @ Seletar Foyer

11:05-11:50 Title: Effects of workplace stress on Hong Kong employees' heart rate variability
Adrian Low, California Southern University, USA

11:50-12:30 Title: Plasticity of your brain and happiness: Meditation and mindfulness as our light for well-being
Ven Chung Ohun Lee, Won Buddhism International, USA

12:30-13:10 Title: The meaning of a master therapist: Filipino clinical practitioners' perspective
Marissa C Esperal, Southern Luzon State University, Philippines

Lunch Break: 13:10-14:00 @ Atrium Restaurant

Group Photo

Session: Clinical Psychology | Counseling Psychology | Child and Adolescent Clinical Psychology | Methods of Clinical Psychology | Clinical Behavioral Disorders | Social Psychology

Session Introduction

Session Chair: Ven Chung Ohun Lee, Won Buddhism International, USA

14:00-14:30 Title: School-based consultation and adolescents' discipline
Hu Chie Fung, University Selangor, Malaysia

14:30-15:00 Title: Obstacles in development of teaching, practicing and researching psychology in Sri Lanka
Darshan Perera, Colombo Institute of Research & Psychology, Sri Lanka

15:00-15:30 Title: Hypnosis: Basics and beyond
Jini K Gopinath, Indian Association of Clinical and Academic Hypnosis, India

15:30-16:00 Title: Relationship between the level of perceived self-efficacy of children with learning disability and their mother's perception about the efficacy of their child and children's academic achievement
Payal Maheshwari, University of Mumbai, India

Networking and Refreshments Break: 16:00-16:20 @ Seletar Foyer

Panel Discussion

Clinical Psychologists 2018

Day 2 August 21, 2018

Seletar Room 1

Session: Humanistic Therapy | Person perception | Cultural Counseling | Neuro Psychotherapy | Advanced Therapeutic Approaches | Analysis, Assessment and Diagnosis

Session Chair: Marissa C Esperal, Southern Luzon State University, Philippines

10:00-10:30 Title: **Developing a culturally-relevant counseling psychology degree program in Afghanistan: Results from a DaCUM study**

Raihana Faqiri, Kabul University, Afghanistan

10:30-11:00 Title: **Defining and operationalizing psychosocial wellbeing in Afghanistan: A participatory phenomenological study**

Mariam Ahmady, Kabul University, Afghanistan

Networking and Refreshments Break: 11:00-11:20 @ Seletar Foyer

11:20-11:50 Title: **Experiences of Afghan counseling: A discussion of successes and challenges in addressing the psychosocial and mental health concerns of the Afghan people**

Sataruddin Sediqi, Kabul University, Afghanistan

11:50-12:05 Title: **Unhappiness: Role of dopamine and serotonin on mood and negative emotions**

Elena Baixauli Gallego, University of Valencia, Spain

12:05-12:20 Title: **Cognitive behavioral therapy and emotional freedom technique in reducing anxiety and depression in Indian adults**

Shilpa Jasubhai, Consultant Clinical Psychologist, India

12:20-12:35 Title: **Improving cognitive abilities and psychological well-being in old adults using short mindfulness-based interventions**

Daniela Aisenberg, Ruppin Academic Center, Israel

Poster Presentation

12:35-12:45 Title: **A study on suicidal thoughts among Afghan women: Is there a relationship between family conflict, domestic violence and suicide rate?**

Sayed Jafar Ahmadi, Hunter College, City University of New York, USA

Awards & Closing Ceremony

Lunch Break: 12:45-13:45 @ Atrium Restaurant

Panel Discussion

Clinical Psychologists 2018