24th International Conference on Clinical Nutrition

March 04-06, 2019
Barcelona, Spain

SCIENTIFIC PROGRAM
08:30-09:00 Registrations

09:00-09:30 Introduction

09:30-09:50 COFFEE BREAK

09:50-11:50 MEETING HALL 01
KEYNOTE LECTURES

11:50-13:10
Talks On: Nutrition, Obesity and Diabetes
Public Health Nutrition
Nutrition in Women and Postmenopausal diet
Nutrition and Cancer Prevention
Diabetes Nutrition
Nutrition and Cardiovascular Health

Talks On: Brain Nutrition
Probiotic Nutrition and Enteral nutrition
Nutritional Physiology and Food Biochemistry
Nutritional Disorders and Treatment
Pediatric Nutrition and Obesity
Sleep & Relaxation

13:10-13:15 GROUP PHOTO

13:15-14:00 LUNCH BREAK

14:00-16:00 MEETING HALL 01
Talks On: Foods and Nutritional Supplements
Sports Nutrition
Role of Nutrition in Disease Prevention
Malnutrition
Balanced Diet- Measures and Recommendations
Parenteral Nutrition
Nutrition in Chronic illness

Talks On: Research in Nutrition and Food sciences
Dental Nutrition and Weight Management
Animal & Plant Nutrition
Vitamin and mineral nutrition current researches
Nutritional analysis tools and software
Genetically modified foods risk and safety issues

16:00-16:20 COFFEE BREAK

16:00-17:00 MEETING HALL 01
Young Researchers Workshop

https://clinicalnutrition.insightconferences.com/
<table>
<thead>
<tr>
<th>Time</th>
<th>Area</th>
<th>Talks</th>
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<tbody>
<tr>
<td>09:00-10:30</td>
<td>Meeting Hall 01</td>
<td>KEYNOTE LECTURES</td>
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<td>10:30-10:50</td>
<td>COFFEE BREAK</td>
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<td>10:50-12:50</td>
<td>MEETING HALL 01</td>
<td>Talks On: Dental Nutrition and Weight Management</td>
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<td>Nutritional supplements an introduction</td>
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<td>MEETING HALL 02</td>
<td>Talks On: Animal &amp; Plant Nutrition</td>
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<td>MEETING HALL 02</td>
<td>Talks On: Diabetes Nutrition</td>
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<td>Dietary Approaches to Diabetes</td>
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<td>15:55-16:15</td>
<td>COFFEE BREAK</td>
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<td>16:15-17:00</td>
<td>MEETING HALL 01 (16:15-17:00)</td>
<td>Poster Presentations</td>
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<tr>
<td>17:00-18:00</td>
<td>MEETING HALL 01 (17:00-18:00)</td>
<td>Workshop</td>
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https://clinicalnutrition.insightconferences.com/
Iman A Hakim  
*University of Arizona, USA*

Royce P Vincent  
*King’s College Hospital NHS Foundation Trust, UK*

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Gustavo Gomes de Castro Soares  
*Pontifical Catholic University of Parana, Brazil*

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*Dayanand Saraswati University, India*

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Shima Bagherzadeh  
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*Ramnarain Ruia College, India*

Dipak Dhirajlal Vora  
*Ramnarain Ruia College, India*

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Daniyah Abdullah Alkhawtani  
*Prince Sultan Military Medical City, KSA*

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*United Arab Emirates University, UAE*
Thushari Bandara  
*University of Ruhuna, Sri Lanka*

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Mini Joseph  
*Christian Medical College & Hospital, India*

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*Durban University of Technology, South Africa*

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*AgroParisTech, France*

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*Riga Stradins University, Latvia*

Raneem Ali Almutairi  
*Taibah University, KSA*

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Ayesha Salem Al Dhaheri  
*United Arab Emirates University, UAE*

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*ICAR-Central Institute of Fisheries Technology, India*
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*ASL Cagliari, Italy*

Gauree G Konijeti  
*Scripps Clinic, USA*

Roni Lara Moya  
*CESPU University, Portugal*

Christine Brombach  
*Zurich University of Applied Sciences, Switzerland*
15th International Conference on
Clinical Nutrition
May 24-26, 2018 | Vienna, Austria
Day 1 May 24, 2018

Fleming’s 8

Registrations

Fleming’s 8

conference series.com

Opening Ceremony

Keynote Forum

Introduction

Title: Effects of a 6-month green and black tea intervention on inflammatory cytokines: Role of gender and smoking
Iman A Hakim, University of Arizona, USA

Title: Remission of type 2 diabetes after metabolic surgery: The role of bile acids
Royce P Vincent, King’s College Hospital NHS Foundation Trust, UK

Group Photo

Networking & Refreshments

Title: Leukocyte-endothelium interactions, mitochondrial dysfunction and inflammation parameters are enhanced in undernourished outpatient subjects
Antonio Hernández-Mijares, University of Valencia, Spain

Lunch Break @ Flemings Restaurant

Workshop

Workshop on: Organoleptic assessment of ripe papaya (Carica papaya)
Jyoti D Vora & Dipak Dhirajlal Vora, Ramnarain Ruia College, India

Sessions: Nutrition, Obesity and Diabetes | Nutrition in Chronic Illness | Research in Nutrition and Food sciences | Pediatric Nutrition and Obesity | Nutrition and Cardiovascular Health
Session Chair: Iman A Hakim, University of Arizona, USA
Session Co-Chair: Royce P Vincent, King’s College Hospital NHS Foundation Trust, UK

Session Introduction

Title: The effect of lifestyle modifications and dietary approaches to stop hypertension (DASH) eating plan in patients with prehypertension
Gul Kızıltan, Baskent University, Turkey

Title: Evaluation of serum ferritin level, insulin resistance and nutritional status in adults
Perim F Turker, Baskent University, Turkey

Title: Relationship between glycemic index and glycemic load and insulin resistance in adult subjects
Mendane Saka, Baskent University, Turkey

YRF (Young Researcher Forum)

Title: Metabolic responses in endothelial cells following exposure to ketone bodies
Erika Meroni, University of Milan, Italy

Title: Dietary patterns in ADHD children comparing with normal children
Shima Bagherzadeh, Haybusak University of Yerevan, Armenia

Networking & Refreshments @ Foyer

Panel Discussion

Day 2 May 25, 2018

Fleming’s 8
Title: The use of *B. cereus* in the treatment of hospitalized patients under enteral nutrition and use of antibiotics
*Gustavo Gomes de Castro Soares*, Pontifical Catholic University of Parana, Brazil

Title: Dietary intervention and reducing the side effects of chemotherapy among women with breast cancer
*Mitra Zarrati*, Iran University of Medical Sciences, Iran

Title: The global epidemic of cardiovascular diseases with special reference to the Indian scenario
*Ritu Mathur*, Maharshi Dayanand Saraswati University, India

Sessions: Nutritional Physiology and Food Biochemistry | Probiotic Nutrition and Enteral Nutritions
Nutrition and Cardiovascular Health | Public Health Nutrition | Diabetes Nutrition | Pediatric Nutrition and Obesity

Session Chair: *Iman A Hakim*, University of Arizona, USA
Session Co-Chair: *Gustavo Gomes de Castro Soares*, Pontifical Catholic University of Parana, Brazil

Title: Beverage intake and its covariates among private university students in Lebanon
*Doris Jaalouk*, Notre Dame University-Louaize, Lebanon

Title: The relationship between vitamin D status and metabolic syndrome: A cross-sectional study among employees at a university in Lebanon
*Jocelyne Boumosleh*, Notre Dame University-Louaize, Lebanon

Title: Effects of DPA supplementation on glucose tolerance and inflammatory markers in high fat fed animals
*Gunveen Kaur*, Deakin University, Australia

Title: The effect of feeding with resveratrol on the myogenin and mTOR levels in mice
*Gul Kızıltan*, Baskent University, Turkey

Title: Evaluation of nutrition educational-counseling interventions in controlling of autism symptoms and caregiver’s empowerment
*Kimia Moiniafshari*, Islamic Azad University, Iran

Title: Meal by meal energy balance in blood habits and risks
*Mario Ciampolini*, University of Florence, Italy

Title: Formulating orange oil-in-water beverage emulsions for effective delivery of bioactives: Influence of carrier oil type on chemical stability, Antioxidant activity and *in vitro* bioaccessibility of lycopene
*Erika Meroni*, University of Milan, Italy

Title: Inhibitory effect of *Corydalis heterocarpa* on MMP-2, -9 activity in HT-1080 human fibrosarcoma cell
*Jung Hwan Oh*, Silla University, Korea

Title: *Artemisia scoparia* inhibit adipogenesis through MAPK singaling in 3T3-L1 preadipocytes
*Jung Hwan Oh*, Silla University, Korea

Title: The effects of *Aronia melanocarpa* extracts on serum lipids and connective tissues collagen in ovariectomized rats
*Jeonghyeon Kang*, Silla University, Korea
Title: Diphlorethohydroxycamalol isolated from *Ishige sinicola* stimulates osteoblast proliferation and differentiation via the bone morphogenetic protein-2 signaling pathway
Jeonghyeon Kang, Silla University, Korea

Title: Effects of *Sargassum coreanum* extract on serum lipid levels in ovariectomized rats
Geunhye Oh, Silla University, Korea

Title: The effect of fish cake on serum lipid levels in rats fed a high-fat diet
Geunhye Oh, Silla University, Korea

Title: Correlation between dietary supplements and adolescent growth (height, BMI, grip strength): Korea National Health and Nutrition Survey for 2013~2015
Hye Yun Kim, Catholic University, Korea

Title: Joint associations of dietary pattern and television viewing with CVD risk factors among urban men and women in China: A cross-sectional study
Qing Ye, Nanjing Medical University, China

Title: Agreement between self-reported and measured body height, weight, and waist circumference among urban residents in Nanjing
Zhiyong Wang, Nanjing Medical University, China

Title: Electromembrane extraction combined with capillary electrophoresis for the determination of organophosphorus in wastewater and food samples
Ehsan Sadeghi, Shahid Beheshti University, Iran

Panel Discussion

Day 3  May 26, 2018

Networking & Lunch

Bookmark your dates

24th International Conference on Clinical Nutrition

March 04-05, 2019 Barcelona, Spain

E-mail: clinicalnutrition@nutritionalconference.com; clinicalnutrition@annualconferences.org
Website: clinicalnutrition.conferenceseries.com
14th International Conference on Clinical Nutrition
July 27-28 & 29, 2017  Rome, Italy
Keynote Forum

**Introduction**

**Title:** The microbiome’s regulation of human genetics, immunity and life expectancy  
**Zachary M Bush,** Seraphic Group Inc., USA

**Title:** The role of oral serotonin supplementation as an adjunctive therapy to a medical weight control program  
**Robert J Posner,** Serotonin Solutions, USA

**Group Photo**

**Networking and Refreshments Break**

**Title:** Brain nutrition, aging and neuroplasticity – The clinical orthomolecular aspects  
**Roni L Moya,** CESPU University, Portugal

**Sessions:** Dietary Supplements & Functional Foods | Weight Supplements | Bioactive Nutraceuticals | Prebiotics and probiotics | Nutraceuticals and Natural Medicine Products | Multivitamin supplements

**Session Chair:** Zachary M Bush, Seraphic Group Inc., USA
**Session Co-Chair:** Robert J Posner, Serotonin Solutions, USA

**Session Introduction**

**Title:** Amylgen, your partner for “brain health” products development  
**Francois J Roman,** Amylgen, France

**Title:** Potential pharmaceutical applications of Omega-3 oil derived from marine mammals  
**Hu Liu,** Memorial University of Newfoundland, Canada

**Lunch Break**

**Title:** Disruption of the gut microbiome and gut permeability as ground zero for the nutrition-related epidemics of the developed world  
**Zachary M Bush,** Seraphic Group Inc., USA

**Title:** The weight loss effects of using a patented delivery system of oral serotonin supplementation  
**Robert J Posner,** Serotonin Solutions, USA

**Title:** Understanding obesity among women in Erbil, the autonomous region of Kurdistan, Iraq using nutritional indicators and geographic data  
**Lisa Pawloski,** George Mason University, USA

**Title:** Glutathione in parenteral nutrition prevents both the oxidative stress and hypo alveolarization in lungs of newborn guinea pigs  
**Jean Claude Lavoie,** Université de Montréal, Canada

**Title:** Synergistic efficacy of combined whole grape seed flour and kefir-derived lactic acid bacteria reduces high-fat (hf)-induced obesity  
**Hyunsook Kim,** Hanyang University, South Korea

**Networking and Refreshments Break**

**Title:** Association between lifestyle, dietary factors and body composition among Notre Dame University students: A cross-sectional study  
**Jessy El Hayek Fares,** Notre Dame University, Lebanon

**Title:** Tocotrienol, A rising star in functional ingredient  
**Wei Ney Yap,** Davos Life Science Pte Ltd, Singapore

**Title:** Biomedical activities of anthocyanins extract derived from the Solanum tuberosum L. Vitelotte  
**Paola Bontempo,** University of Luigi Vanvitelli Campania Studies, Italy

**Title:** Heavy metals in Georgian red wines Kindzmarauli and Saperavi  
**Lali Akhalbedashvili,** Ivane Javakhishvili Tbilisi State University, Georgia
Panel Discussion
Day 2       July 28, 2017
Hall

Keynote Forum

Introduction
Title: Providing Orthodontic Jaw Wiring Weight-Control (OJW®: Weight Control) as part of a “Healthcare Team”—A new service in the dental professional’s office
Teddy Rothstein, Inventor, OJW Protocol, USA
Title: Enhanced cytotoxic effects of herb-drug combinations for resistant cancer—mechanisms and new therapeutic potentials
Moses S S Chow, Western University of Health Sciences, USA

Networking & Refreshments Break

Session Chair: Moses S S Chow, Western University of Health Sciences, USA
Session Co-chair: Roni L Moya, CESPU University, Portugal

Session Introduction

Title: Biomedical integrative approach to oncology from “Vitamins to Cellular Therapy”
Roni L Moya, CESPU University, Portugal
Title: Working with people with body image issues and eating disorders. A guide to health professionals
Vivienne Lewis, University of Canberra, Australia
Title: Myo-inositol in thyroid autoimmune disorders
Silvia Martina Ferrari, University of Pisa, Italy

Lunch Break

Title: Effect of varying magnesium concentrations on NF-kB gene expression in Human Umbilical Vein Endothelial Cells (HUVECs)
Lujain Abdulaziz Almousa, The University of Nottingham, UK
Title: Selenium in thyroid autoimmune disorders
Poupak Fallahi, University of Pisa, Italy

Young Researchers Forum

Title: Emerging nutraceuticals in the management of osteoarthritis: Focus on 3-hydroxytyrosol in epigenetics and autophagy pathway
Stefania D’Adamo, University of Bologna, Italy
Title: Use of sicilian ancient durum wheat for the production of low-GI spaghetti
Carla Sillitti, University of Foggia, Italy
Title: The effect of vitamin D and Omega-3 fatty acids supplementation on athlete’s metabolism
Kimia Moiniafshari, Islamic Azad University East Tehran, Iran

Networking & Refreshments Break

Poster Presentations

NCN 01
Title: Impact of usual intake of added sugars on nutrient adequacy in US children 2 to 18 years of age
Theresa A Nicklas, Baylor College of Medicine, USA

NCN 02
Title: Adult (19+ years) consumers of added sugars had a lower likelihood of lower uric acid level but no other associations were found with other physiological parameters
Carol E. O Neil, LSU Ag Center, USA

NCN 03
Title: Chemical constituents of agarwood
Jeong Hill Park, Seoul National University, South Korea
NCN 04  Title: Effect of nonalcoholic fatty liver disease on CYP2B1-mediated metabolism in rats  
Dae-Duk Kim, Seoul National University, South Korea  
NCN 05  Title: Andrographolide activates keap1/Nrf2/ARE/HO-1 pathway in HT22 cells and suppresses microglial activation by Aβ42 through Nrf2-related inflammatory response  
Won Keun Oh, Seoul National University, South Korea  
NCN 06  Title: Spirulina maxima extract protects against TMT-induced neuronal damage in HT-22 and SH-SY5Y cells  
Boo-Yong Lee, CHA University, South Korea  
NCN 07  Title: The anticancer mechanisms of docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA) on human hepatocarcinoma: An proteomic approach  
Jennifer Man-Fan Wan, The University of Hong Kong, China  
NCN 08  Title: Lower energy intake predicts 10-year mortality in patients with end-stage renal disease on hemodialysis  
Yongsoon Park, Hanyang University, Korea  
NCN 09  Title: Development of Korean traditional diet (Hansik) education program to increase hansik consumption and prevent metabolic syndrome in children and adolescents  
Young Kim, National Institute of Agricultural Sciences, South Korea  
NCN 10  Title: Propolis extracts protects pancreatic beta cells from oxidative stress in vitro  
Sergio Wehinger, Universidad de Talca, Chile  
NCN 11  Title: The inhibitory effect of spice extracts on the formation of amyloid fibrils using trypsin in aqueous ethanol  
Phanindra Babu K, University of Szeged, Hungary  
NCN 12  Title: Protective effect of perilla oil and alpha-linolenic acid on neuronal apoptosis induced by oxidative stress  
Ah Young Lee, Pusan National University, South Korea  
NCN 13  Title: Production of spaghetti enriched with high protein sicilian lentils: First results  
Antonella Pagliaro, University of Foggia, Italy  
NCN 14  Title: Effect of carboxymethylcellulose and guar on sensory quality of spaghetti enriched with lentil  
Antonella Pagliaro, University of Foggia, Italy  
NCN 15  Title: Sensory characteristics of pasta enriched in cladodes of prickly pear (Opuntia ficus indica (L.) Mill.) with cholesterol-lowering action  
Antonella Pagliaro, University of Foggia, Italy  
NCN 16  Title: The quality of pasta added with cardoon inulin: Evaluation of the part of the plant used for the extraction of the polymer  
Carla Sillitti, University of Foggia, Italy  
NCN 17  Title: The quality of pasta added with cardoon inulin: Evaluation of the environment of cultivation  
Carla Sillitti, University of Foggia, Italy  
NCN 18  Title: Nutritional characterization of Sicilian durum wheat for Cuccìa preparation  
Rosaria Bognanni, University of Foggia, Italy  
NCN 19  Title: The cuccìa: A traditional soup prepared with an innovative method  
Rosaria Bognanni, University of Foggia, Italy  
NCN 20  Title: The effects of ginseng and tribulus terrestris on athlete's physical performance  
Kimia Moiniafshari, Islamic Azad University East Tehran, Iran  

Best Poster & YRF Awards/Panel Discussion  
Day 3  July 29, 2017  
Hall
Sessions: Nutrition and Cardiovascular Health | Current Research in Food & Science | Nutrition, Obesity and Diabetes | Diabetes Nutrition
Session Chair: Teddy Rothstein, Inventor, OJW Protocol, USA
Session Co-chair: Lisa Pawloski, George Mason University, USA

Session Introduction

Title: Assessment of nutritional status and dietary antioxidant capacity of patients with coronary artery disease: A pilot study
Neslihan Arslan, Gazi University, Turkey

Title: Assessment of serum paraoxanase activity, total oxidant and antioxidant capacity in relation to inflammation in hemodialysis patients
Hazal Kucukkaraca, Gazi University, Turkey

Networking & Refreshments Break

Title: Evaluation of the effect of sleeve gastrectomy surgery on clinical results and anthropometric measurements in morbid obese diseases
Gul Eda Kilinc, Ondokuz Mayis University, Turkey

Title: The effect of low dietary carbohydrate advice on glycemic control in patients with Type 2 diabetes
Fatima Alzain Adam Adeela, University of Khartoum, Sudan

Panel Discussion

Awards & Closing Ceremony

Networking & Lunch

15th International Conference on Clinical Nutrition
May 24-26, 2018 Vienna, Austria
Email: clinicalnutrition@nutritionalconference.com
Website: http://clinicalnutrition.conferenceseries.com/
**Session Introduction**

**Session Chair:** Fayaz Ahmed Sahibzada, University of Wollongong, Australia  
**Session Co-chair:** Maysm Nezar Mohamad, United Arab Emirates University, UAE

**Title:** Dietary guidelines: Post menopausal  
**Nafeesa Ahmed,** Zulekha Health Care Group, UAE

**Group Photo**

**Lunch Break**

**Title:** Prevalence of the metabolic syndrome and its component factors among female students at United Arab Emirates University  
**Maysm Nezar Mohamad,** United Arab Emirates University, UAE  
**Title:** Effect of glutamine supplementation in patients with inflammatory bowel diseases  
**Daniyah Abdullah Alkhawtani,** Prince Sultan Military Medical City, KSA  
**Title:** Vitamin D status, dyslipedemia and markers of endothelial activation in Australian adults  
**Ali Alyami,** Curtin University, Australia  
**Title:** The cognitive and cerebral blood flow effects of the polyphenol resveratrol in healthy young humans and a model of aging  
**Emma Wightman,** Northumbria University, UK

**Networking and Refreshments Break**

**Title:** Low protein intake is associated with poor glycemic control in young adults with type-1 diabetes mellitus  
**Mini Joseph,** Christian Medical College & Hospital, India  
**Title:** Impact of olive leaves consumption on blood sugar level in adults with type-2 diabetes  
**Raneem Ali Almutairi,** Taibah University, KSA  
**Title:** Low serum 25(OH)D level in urban and rural women with vitamin D receptor gene polymorphism in North Sumatra, Indonesia  
**Dina Keumala Sari,** Sumatera Utara University, Indonesia  
**Title:** Locally made ready-to-use-therapeutic food (RUTF) for management of malnutrition using animal models  
**Florence Wakhu Wamunga,** University of Eldoret, Kenya
Title: Study on the fatty acid composition in breast milk during the period of exclusive breast feeding  
Thushari Bandara, University of Ruhuna, Sri Lanka

<table>
<thead>
<tr>
<th>Panel Discussion</th>
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<td>Day 2  December 09, 2016</td>
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**Keynote Forum**

**Title: Nutrition education for adolescent athlete: Nutrition curriculum**  
Mahmoud Abdullah Alkhateib, Aspetar, Qatar

**Title: The effect of ginger powder on blood glycemia, blood lipidemia and body composition on adults at risk for cardiovascular diseases: A controlled, randomized, single blind and parallel-design study**  
Ayesha Salem Al Dhaheri, United Arab Emirates University, UAE

<table>
<thead>
<tr>
<th>Networking and Refreshments Break</th>
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</table>
| Title: Role of nutrition management of chylous ascites post pediatric liver transplantation, single center experience  
Sahar Madkhali, King Faisal Specialist Hospital & Research Center, KSA |

**Workshop**

**Workshop on “Road to Russia 2018- Optimal sports nutrition strategies to cater to elite athlete”**  
Rita Mansour, Aspetar, Qatar

**Lunch Break**

**Workshop on “Research on tracking evaluation of national food safety standard GB280502011 (The general principles of pre-packed food nutrition labels)”**  
Ruan Liang, The First Affiliated Hospital of Anhui Medical University, China

**Major Session**

|------------------|-----------------------------|-------------------|------------------------|-------------------------------|-----------------------------------|----------------------------------|

| Session Chair: Fayaz Ahmed Sahibzada, University of Wollongong, Australia  
Session Co-chair: Maysm Nezar Mohamad, United Arab Emirates University, UAE |

**Title: A social marketing perspective on public health nutrition and food policy**  
Patricia Gurviez, AgroParisTech, France

**Title: Maternal nutrition preconception, pregnancy post-partum, breast feeding- Key to disease prevention**  
Annie John Kalarickal, Madinat Zayed Hospital, UAE

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<th>Networking and Refreshments Break</th>
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| Title: Leveraging the multi disciplinary team in return to play nutrition support for ACL and injured athletes  
Rita Mansour, Aspetar, Qatar |

**Title: The relation of mini nutritional screening score, subjective global assessment of nutrition and pneumonia severity index in elderly patients diagnosed with community acquired pneumonia admitted at Cardinal Santos Medical Center: An observational, analytical and cross sectional study**  
Marco Angelo D Tongo, Cardinal Santos Medical Center, Philippines

**Title: Dietary quality and patterns and non-communicable disease risk of an Indian community in KwaZulu-Natal, South Africa**  
Ashika Naicker, Durban University of Technology, South Africa

**Title: Glycemic and insulin response after germinated rye flakes**  
Laila Meija, Riga Stradins University, Latvia

**Young Research Forum**
| CN 01     | Title: The role of probiotics in colorectal cancer prevention  
| Reem Majdy Ghabbany, Taibah University, KSA |
| CN 02     | Title: The effect of varying concentrations of magnesium on expression of human endothelia adhesion molecules  
| Lujain Abdulaziz Almousa, The University of Nottingham, UK |
| CN 03     | Title: The validation of an instrument to assess parental feeding styles of children in Filipino language  
| Carmina Nina R Salac, University of Santo Tomas Hospital, Philippines |
| CN 04     | Title: Protective effect of fish collagen extracted from airbladder of striped cat fish (*pangasius hypophthalmus*) against ethanol-HCl induced peptic ulcer in experimental rats  
| Sreerekha P R, ICAR-Central Institute of Fisheries Technology, India |
| CN 05     | Title: Effect of sardine oil loaded vanillic acid grafted chitosan microparticles on improvement of metabolic and immune responses in experimental rats and attenuation of doxorubicin-induced cardiotoxicity in cardiomyoblast cell lines  
| Vishnu K V, ICAR-Central Institute of Fisheries Technology, India |
| CN 06     | Title: Effect of different dietary patterns on hepatic inflammatory cytokines in NAFLD rats  
| Jiang Jian-Hua, The First Affiliated Hospital of Anhui Medical University, China |

### Day 3  December 10, 2016

**Networking and Lunch**