### Day 1  December 08, 2016

#### Salon VI

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<td>10:00-10:25</td>
<td><strong>Opening Ceremony</strong></td>
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<td>10:25-10:30</td>
<td><strong>Introduction</strong></td>
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| 10:30-11:10 | **Title:** Potential role of d-limonene in breast cancer prevention  
*Iman A Hakim,* The University of Arizona Health Sciences, USA |
| 11:10-11:30 | Networking and Refreshments Break: 11:10-11:30 @ Foyer |
| 11:30-12:10 | **Title:** Modulation of cerebral blood flow, brain metabolism and cognitive function by nutritional interventions  
*David O Kennedy,* Northumbria University, UK |
| 12:10-12:50 | **Title:** Obesity/overweight status and associated factors among Saudi female population  
*Fayaz Ahmed Sahibzada,* University of Wollongong, Australia |

#### Major Session

**Session Chair:** Fayaz Ahmed Sahibzada, University of Wollongong, Australia  
**Session Co-chair:** Maysm Nezar Mohamad, United Arab Emirates University, UAE  
**Session Introduction**

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<th>Time</th>
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| 12:50-13:15 | **Title:** Dietary guidelines: Post menopausal  
*Nafeesa Ahmed,* Zulekha Health Care Group, UAE |
| 13:15-14:15 | Lunch Break: 13:15-14:15 @ Market Place |
| 14:15-14:40 | **Title:** Prevalence of the metabolic syndrome and its component factors among female students at United Arab Emirates University  
*Maysm Nezar Mohamad,* United Arab Emirates University, UAE |
| 14:40-15:05 | **Title:** Effect of glutamine supplementation in patients with inflammatory bowel diseases  
*Daniyah Abdullah Alkhawtani,* Prince Sultan Military Medical City, KSA |
| 15:05-15:30 | **Title:** Vitamin D status, dyslipidemia and markers of endothelial activation in Australian adults  
*Ali Alyami,* Curtin University, Australia |
| 15:30-15:55 | **Title:** The cognitive and cerebral blood flow effects of the polyphenol resveratrol in healthy young humans and a model of aging  
*Emma Wightman,* Northumbria University, UK |
| 15:55-16:15 | Networking and Refreshments Break: 15:55-16:15 @ Foyer |
| 16:15-16:40 | **Title:** Low protein intake is associated with poor glycemic control in young adults with type-1 diabetes mellitus  
*Mini Joseph,* Christian Medical College & Hospital, India |
| 16:40-17:05 | **Title:** Impact of olive leaves consumption on blood sugar level in adults with type-2 diabetes  
*Raneem Ali Almutairi,* Taibah University, KSA |
Title: Low serum 25(OH)D level in urban and rural women with vitamin D receptor gene polymorphism in North Sumatra, Indonesia
Dina Keumala Sari, Sumatera Utara University, Indonesia

Title: Locally made ready-to-use-therapeutic food (RUTF) for management of malnutrition using animal models
Florence Wakhu Wamunga, University of Eldoret, Kenya

Title: Study on the fatty acid composition in breast milk during the period of exclusive breast feeding
Thushari Bandara, University of Ruhuna, Sri Lanka

Panel Discussion

Day 2  December 09, 2016
Salon VI

Keynote Forum

10:00-10:40  Title: Nutrition education for adolescent athlete: Nutrition curriculum
            Mahmoud Abdullah Alkhateib, Aspetar, Qatar

10:40-11:20  Title: The effect of ginger powder on blood glycemia, blood lipidemia and body composition on adults at risk for cardiovascular diseases: A controlled, randomized, single blind and parallel-design study
            Ayesha Salem Al Dhaheri, United Arab Emirates University, UAE

Workshop

12:20-13:00  Workshop on “Road to Russia 2018- Optimal sports nutrition strategies to cater to elite athlete”
            Rita Mansour, Aspetar, Qatar

Lunch Break: 13:00-14:00 @ Market Place

14:00-14:40  Workshop on “Research on tracking evaluation of national food safety standard GB280502011 (The general principles of pre-packed food nutrition labels)”
            Ruan Liang, The First Affiliated Hospital of Anhui Medical University, China

Major Session


Session Introduction

Session Chair: Fayaz Ahmed Sahibzada, University of Wollongong, Australia
Session Co-chair: Maysm Nezar Mohamad, United Arab Emirates University, UAE

14:40-15:05  Title: A social marketing perspective on public health nutrition and food policy
            Patricia Gurviez, AgroParisTech, France

15:05-15:30  Title: Maternal nutrition preconception, pregnancy post-partum, breast feeding- Key to disease prevention
            Annie John Kalarickal, Madinat Zayed Hospital, UAE

Workshop on “Road to Russia 2018- Optimal sports nutrition strategies to cater to elite athlete”
Rita Mansour, Aspetar, Qatar
Title: The relation of mini nutritional screening score, subjective global assessment of nutrition and pneumonia severity index in elderly patients diagnosed with community acquired pneumonia admitted at Cardinal Santos Medical Center: An observational, analytical and cross sectional study

Marco Angelo D Tongo, Cardinal Santos Medical Center, Philippines

Title: Dietary quality and patterns and non-communicable disease risk of an Indian community in KwaZulu-Natal, South Africa

Ashika Naicker, Durban University of Technology, South Africa

Title: Glycemic and insulin response after germinated rye flakes

Laila Meija, Riga Stradins University, Latvia

Young Research Forum

Title: The anti-inflammatory properties of lipids extracted from Omani camel milk

Al-Nasser Raya Hamdan Salim, Cardiff Metropolitan University, UK

Panel Discussion

Poster Presentations 17:50-18:20

CN 01
Title: The role of probiotics in colorectal cancer prevention
Reem Majdy Ghabbany, Taibah University, KSA

CN 02
Title: The effect of varying concentrations of magnesium on expression of human endothelia adhesion molecules
Lujain Abdulaziz Almousa, The University of Nottingham, UK

CN 03
Title: The validation of an instrument to assess parental feeding styles of children in Filipino language
Carmina Nina R Salac, University of Santo Tomas Hospital, Philippines

CN 04
Title: Protective effect of fish collagen extracted from airbladder of striped cat fish (pangasius hypophthalmus) against ethanol-HCl induced peptic ulcer in experimental rats
Sreerekha P R, ICAR-Central Institute of Fisheries Technology, India

CN 05
Title: Effect of sardine oil loaded vanillic acid grafted chitosan microparticles on improvement of metabolic and immune responses in experimental rats and attenuation of doxorubicin-induced cardiotoxicity in cardiomyoblast cell lines
Vishnu K V, ICAR-Central Institute of Fisheries Technology, India

CN 06
Title: Effect of different dietary patterns on hepatic inflammatory cytokines in NAFLD rats
Jiang Jian-Hua, The First Affiliated Hospital of Anhui Medical University, China

Day 3 December 10, 2016

Networking and Lunch: 12:45-13:45 @ Market Place