10th International Conference on
Chinese Medicine, Ayurveda & Acupuncture

March 04-05, 2019
Berlin, Germany

SCIENTIFIC PROGRAM
**SCIENTIFIC PROGRAM**

**DAY 1**

**Monday 4th March**

- **08:30-09:00** Registrations
- **09:00-09:30** Introduction
- **09:30-09:50** COFFEE BREAK
- **09:50-11:50** MEETING HALL 01
  - **11:50-13:10** Talks On: Traditional Chinese Medicine
    - Tui na (Massage)
    - Qi gong (Exercise)
    - Gua Sha
    - Hormonal Imbalance
    - Cupping
    - Model of the Body
    - Holistic Acupuncture
    - Alternative Therapy
  - Talks On: Acupuncture
    - Needling Techniques
    - Japanese Acupuncture
    - Trigger Point Therapy
    - Auricular Acupuncture
    - Electro Therapy
    - Korean Hand Acupuncture
- **13:10-13:15** GROUP PHOTO
- **13:15-14:00** LUNCH BREAK
- **14:00-16:00** MEETING HALL 01
  - Talks On: The Ayurveda: Eight Components
    - Principals & Terminology
    - Pulse Diagnosis
    - Ayurvedic Acupressure
    - Ayurvedic Drugs
    - Meditation & Yoga
  - Talks On: Branches of Alternative Medicines
    - Ethnomedicine
    - Allopathic Medicine
    - Reflexology
    - Reiki
    - Naturopathy
- **16:00-16:20** COFFEE BREAK
- **16:20-17:00** MEETING HALL 01
  - Young Researchers in Chinese Medicine, Ayurveda & Acupuncture
- **17:00-18:00** MEETING HALL 01
  - Workshop

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### KEYNOTE LECTURES

#### 10:30-10:50 COFFEE BREAK

#### 10:50-12:50

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<td>The Four Systems: Phlegm, Blood, Yellow Bile &amp; Black Bile</td>
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#### 12:50-13:35 LUNCH BREAK

#### 13:35-15:55

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#### 15:55-16:15 COFFEE BREAK

### Young Researchers in Chinese Medicine, Ayurveda & Acupuncture Workshop

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AGENDA
New Advances in the "Reconciliation Vessel's research

Adrián Ángel Inchauspe
National University of La Plata

Analyzing the properties of the "Reconciliation Vessel", new questions arose about the origin of this Wondrous Circuit, as well as its configuration through the philosophical and cosmological basis of Traditional Chinese Medicine. Scrutinizing its location within Fu Hsi's octogram and according to the I-Ching and Yellow Emperor's coincidences in Ling Shu and Su Wen quotations, a plausible explanation raised up from a detailed methodological work embodied in this paper. Author's experience in cardiopulmonary revivals over thirty years takes to ponder his prospect of this situation from various angles, arising the comparison between legal, real and energy deaths against the possibility of more widespread recovery after terminal diagnosis.


Gustav Komlaga
Kwame Nkrumah University of Science and Technology, Kumasi, Ghana

Gustav Komlaga is a Senior lecturer and a researcher of Pharmacognosy in the Kwame Nkrumah University of Science and Technology (KNUST), Kumasi, Ghana. He has PhDs in Pharmacognosy from KNUST, Kumasi, Ghana, and also in Microbiology from the Faculte de Pharmacie, Université Paris Sud, Chatenay Malabry, France. He has published more than 20 research papers in reputable peer review journals and is a editorial board member and reviewer for a number of scientific journals.

The sustainable of relief back pain immediately after the first session of laser acupuncture but not after acupuncture therapy

AMRU HOUSSIEN
Dr Dhiya Centre for Rheumatism, Jeddah, Saudi Arabia

Low-level Laser acupuncture therapy (LLLAT) is defined as the stimulation of acupuncture points with low-intensity, laser irradiation and is widely used in treating musculoskeletal pain. The purpose of this study was to determine whether the use of a single session of LLLAT for Chronic Low Back Pain (CLBP) will result in a better outcome than using acupuncture alone.
Self-hypnosis and pain

Dalamagka
Anaesthesiology department
General Hospital of Larissa,
Greece

The possibilities of self-suction can be particularly useful in the management of pain. It is possible to modify the experience of pain. The only obstacle is the limits of imagination, but as you surely know the imagination knows little boundaries. Sometimes deep relaxation can help, before giving to yourself the suggestions you need.

A critical appraisal of Semen Abnormality (Shukra Dusthi) – A precise Ayurvedic model

Anurag Pandey
BHU, Varanasi

Ayurveda system of health is the one of the World’s oldest holistic system of healthcare that has its origin in India. The unique healing process of Ayurvedic science has enabled it to gain popularity gradually among peoples in recent years. Growing modernization, changing lifestyles and increases the variety of diseases has driven people towards finding a natural way of healing and Ayurveda is rich for these work

Experiences of releasing deep psychological issues with a combination of body therapies and spiritual healing, and Illustration of old Japanese self help system Jin shin jyutsu (simple but powerful)

Dorthe Leth
Therapist and spiritual teacher
Enzo.center, Norway

Dorthe Leth is a well known therapist running her own center since 1999 in Holmestrand, Norway. She is Danish, living in Norway. Education: Masseur, rosen method therapist (depth psychology), Craniosacral therapy, reiki healing, Body Talk, jin shin jyustu, shamanism. She is clairvoyant (1984 production manager, 1993 fitness instructor.) Also a meditation teacher, speaker and jin shin jyutsu teacher. She has helped thousands of people. Her therapy is based on direct contact with her hands on the clients body, combined with therapeutic conversation and spiritual guidance. She works mainly with deep psychological problems or lifechanging issues
The efficiency of inefficiency: medicine distribution in Sudan

Abdeen Omer
Ministry of Health and Social Welfare, Khartoum, Sudan

Abdeen Mustafa Omer (BSc, MSc, PhD) is an Associate Researcher at Occupational Health Administration, Ministry of Health and Social Welfare, Khartoum, Sudan. He has been listed in the book WHO’S WHO in the World 2005, 2006, 2007 and 2010. He has published over 300 papers in peer-reviewed journals, 200 review articles, 15 books and 150 chapters in books.

The Sources of Essential Fatty Acids for Allergic and Cancer Patients; a Connection with insight into Mammalian Target of Rapamycin: a Narrative

Dr Soheila Rezapour-Firouzi
Cellular and Molecular Research Center, Urmia University of Medical Sciences, Urmia, Iran.

Soheila Rezapour-Firouzi has completed her PhD from Urmia University of Medical Sciences, Urmia, Iran. She published her paper on “Effect of Oral Herbal Oil Supplement (Cannabis Sativa L, Oenothera Biennis L) and Advised Diet with Hot Nature on Clinical Signs and Symptoms and Inflammatory Factors in Multiple Sclerosis Patients”

Bread with hypoglycemic properties as new way of herbal medicine treatment for diabetes

Ellie RAMirova
Pacific College of Oriental Medicine, San Diego, CA, USA Saint Petersburg State University of Information Technologies, Mechanics and Optics, Saint Petersburg, Russia

Dr. Ellie R. Amirova holds her PhD in Biotechnology and Food Engineering from St. Petersburg National Research University of Information Technologies, Mechanics and Optics, Saint Petersburg, Russia and DAOM (Doctor of Acupuncture and Oriental Medicine) from Pacific College of Oriental Medicine, San Diego, CA, USA. She is a co-founder and a Chef Physician at ETMO Group LLC, Saint Petersburg, Russia. She has published numerous papers in journals and holds the patent.
Hemoglobin & Ayurveda: A Better Therapy

Dr. Guruprasad P. Kulkarni has completed his MD at the age of 27 years from Maharashtra University of Health Sciences, India in Rasashastra & Bhaishajya Kalpana. He is the Production Head at Santulan Ayurveda Pvt. Ltd. Pune, India, one of the premier Ayurveda manufacturers. He has published 5 research papers and articles in reputed journals; one of them at International Ayurveda Conference held at Kathmandu, Nepal in 2012. He is specialized in Bhasma preparation and has developed Bhasma Department at present institution.

Santulan Ayurveda Pvt. Ltd., Lonavala, Pune, India

Effects of acupuncture, core-stability exercises, and treadmill 12-minute walking exercises in treating patients with postsurgical lumbar disc herniation

Sokunbi Ganiyu
Bayero University Kano
Nigeria

The objective of this study is to investigate the effects of acupuncture, core-stability exercises, and treadmill 12-minute walking exercises in treating patients with postsurgical lumbar disc herniation.

The ancient art of Taoism, its influence and understanding of Chinese Medicine and how it is still especially relevant today in the need for spiritual and personal

Dr Kim McLaren
University of Western Sydney

Kim McLaren has completed her Masters in Chinese Medicine, in Sydney has been practising and teaching Chinese Medicine for over 17 years, in Melbourne. Australia. Kim is a Lecturer of Chinese Medicine at two Colleges in Melbourne. Kim is also a qualified yoga and meditation teacher, with strong interest and passion for the ancient philosophy of Taoism and Buddhism.
Prevention and control of lifestyle disorders in Ayurveda

Sahana VM Vats
Assistant Professor, Uttaranchal Ayurvedic College, Uttarakhand, 248009, INDIA

Dr. Sahana VM Vats has completed her graduation from Govt. Ayurveda College Kannur, Kerala and M.D from Uttaranchal Ayurvedic College, Uttarakhand. At present working as an Assistant Professor at Uttaranchal Ayurvedic College, Uttarakhand.

The Power of “Love/528 Frequency” in Healing

Leonard George Horowitz
DMD, MA, MPH, DNM (hon.), DMM (hon.) / Editor-in-Chief, Medical Veritas International, Inc.; 5348 Vegas Drive, Suite 353 • Las Vegas

The key common factor in healing ways and means is energy, and the objective of “energy medicine” in clinical and spiritual practices is rejuvenation or hastened recovery. In Chinese medicine, acupuncture, homeopathy, and herbal therapies, energy is delivered by electrons resonating at certain frequencies.

Physico-chemical, Phyto-chemical Investigation and Antibacterial Activity of Juniperus phoenicea L. Used as traditional Treatment in Libya

Salem Mohamed Edrah

Dr. Salem Mohamed Edrah, Associate Professor’s PhD, Eng.: 2001, 2008: received the Masters and PhD degrees in Chemistry from Pardubice University, Pardubice, Czech Republic. 2013-2014: worked as PDF, RA, in Universities in Pardubice (Czech Republic). 1998 onwards: worked/working as Faculty member and Principal in Academic Institutions situated in El-Mergeb University, Al-khums (Libya), president of Basic Department (Chemistry, Physics Departments) at the Faculty of Postgraduate Study (FPS), El-Mergeb University, Al-khums (Libya). Teaching Specializations: Organic Chemistry, Biochemistry, Natural Products, Research Specializations: Synthetic Organic Chemistry, Phytochemistry, Pharmaceuticals Synthetic, Natural and Synthetic organic dyes etc. I have published more than 30 papers in reputed journals.
Tanzania traditional eye medicines (TEM): Systematic documentation, Assessment on awareness of health risks and Safety evaluation

Sheila Maregesi
Pharmacognosy Department - Muhimbili University of Health and Allied Sciences. P.O. Box 65013, Dar Es Salaam, Tanzania

Dr. Sheila Maregesi obtained BSc. (1982)-University of Dar-Es-Salaam, MPham Sciences (1996)-University of Gent and PhD in Pharmacognosy (2008)-Antwerp University. She is the Head of Pharmacognosy department since 2010 and involved in teaching and supervision of undergraduate and postgraduate research projects/thesis. She has published 26 papers in peer reviewed journals and serving as a member of various boards and technical committees giving her expertise on herbal medicine and attended several scientific conferences. She has special interests on Systematic ethnopharmacological studies for documentation of Tanzanian medicinal plants, Drug discovery research and Proximate analysis and metal content determination of wild edible plants of Tanzania.

Medicinal Plants: Future Source of Potential Drugs for the Treatment of Neurological and Psychiatric Disorders

F. Larit
Département de Chimie, Faculté des Sciences Exactes, Université des Frères Mentouri, Constantine 1, Route d’Aïn El Bey 25000, Constantine, Algeria

Dr. Farida Larit received her Ph.D from the University of Constantine, Algeria. From 2014-2016 she awarded a scholarship from the Algerian Ministry of Higher Education and Scientific Research. She had the opportunity to work in research teams in Spain, Poland and USA. Her research focused on: (1) The search for novel natural products, which could be used as potential drugs or serve as lead compounds and the isolation and structural elucidation of bioactive Secondary Metabolites from Medicinal Plants. (2) The investigation of Secondary Metabolites in Psychoactive Medicinal Plants for the Treatment of Neurological Disorders. (3) The discovery of pharmacologically active natural products using computational methods. Dr. Farida Larit is a member of Phytochemical Society of Europe. She is Currently a research assistant lecturer at the department of Chemistry, University of Constantine, Algeria.

Development of Automatic Sesame Grain Classification and Grading System using Digital Image Processing Techniques

Hiwot D Alemayehu
Addis Ababa University, Addis Ababa, Ethiopia

Sesame is one of the most important agricultural products traded internationally where its flow in the market needs to comply with the rules of quality inspection. Ethiopia is one of the largest producers and exporters of sesame in the world. The country produces three types of sesame grains: whitish Humera, whitish Wollega and reddish Wollega.
**Need of panchkarma in present era**

**Mridu Sharma**  
Smt. Urmila Devi Ayurvedic College Hoshiarpur, Punjab

Mridu has completed her Bachelor of Ayurveda Medical Sciences from Punjab in 2011 and M.D.in Panchkarma from Maharashtra University of Health Sciences in 2014. She is working as an Assistant Professor in Smt. Urmila Devi Ayurvedic College, Hoshiarpur, Punjab and running her own Panchkarma and Ayurvedic Clinic in Hoshiarpur. She has published more than 15 research papers in National and International Journals.

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**The influence of exercise on ulcer healing in patients with chronic venous insufficiency**

**Omar Mutlak**  
Imperial College London, Department of Surgery and Cancer, Hammersmith Hospital, Vascular Department, Du Can Road, London, UK, W12 0HS

Mr Mutlak had his higher surgical training in Iraq. He joined equivalent surgical training in the UK. He became a member of the Royal College of Surgeons of Edinburgh in 2007, appointed Senior Clinical Research Fellow at Imperial College London and works as a Surgeon. He awarded DIC and MSc in surgical science from Imperial College London in 2008. He Obtained His MD(Res) degree from Imperial College London, UK 2017. He contributed to many national and international scientific conferences and meetings as a speaker, chairman and moderator. He is currently member of the Editorial Board of many international scientific journals.

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**The rise of traditional medicine in south africa as a healing practice for body and mind**

**Nomalungelo Goduka**

Traditional medicine features in the lives of many Africans in South Africa. It is estimated that 80% of the African population is dependent on traditional medicines for contemporary community health care. Yet, so many stereotypes exist against traditional healers and their medicines.
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University of East-West Medicine, USA, USA
Glimpses
BERLIN Tourist Attractions

- Berlin Cathedral
- Fernsehturm Tower
- Checkpoint Charlie
- Pergamon Museum
- Brandenburg Gate
- Gendarmen Markt
- Reichstag Building
- Aqua Dom
- Alexander Platz

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