### Keynote Forum

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution</th>
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<tbody>
<tr>
<td>09:00-09:05</td>
<td>Introduction</td>
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<tr>
<td>09:05-09:45</td>
<td>Title: Ketogenic: Beneficial impacts on childhood obesity and metabolic syndrome</td>
<td>Shaweta Vasudeva</td>
<td>National Academy of Sports Medicine, USA</td>
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<tr>
<td>09:45-10:25</td>
<td>Title: Assessment of eating habits and physical activity among Spanish adolescents; the cooking and active leisure, TAS program</td>
<td>Elena Roura</td>
<td>Alicia Foundation, Spain</td>
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Group photo

Networking and Refreshments Break 10:25 - 10:50 @ BAR TERRAZA

Sessions: Physical activity | Nutrition & Metabolism | Behavioral & Environmental Factors | Child Nutrition
Session Chair: Elena Roura, Alicia Foundation, Spain
Session Co-Chair: Ashley Knowell, South Carolina State University, USA

### Session Introduction

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<tr>
<td>10:50-11:20</td>
<td>Title: The balanced nutrition education programme in schools in Turkey</td>
<td>Julian D Stowell</td>
<td>Sabri Ülker Foundation, Turkey</td>
</tr>
<tr>
<td>11:20-11:50</td>
<td>Title: Use of the muscle as a strategy for management of childhood obesity</td>
<td>Árélvalo Harold</td>
<td>El Bosque University, Colombia</td>
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<tr>
<td>11:50-12:20</td>
<td>Title: Early predictors of incipient metabolic syndrome in an Arab population</td>
<td>Waseem Samsam</td>
<td>Anti-Doping Lab Qatar, Qatar</td>
</tr>
<tr>
<td>12:20-12:50</td>
<td>Title: Evaluation of food behavior and nutritional status of pregnant women resident in Keserwan - Lebanon</td>
<td>Yonna Sacre</td>
<td>Holy Spirit University of Kaslik, Lebanon</td>
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Lunch Break 12:50-13:50 @ BAR TERRAZA

### Workshop

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<tr>
<td>13:50-14:50</td>
<td>Title: Implementation of nutrition education programmes in schools: Approaches from Turkey, UK and Spain</td>
<td>Burcu Aksoy, Stacey Lockyer</td>
<td>Sabri Ülker Foundation, Turkey</td>
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<td>Teresa Valero</td>
<td>Sabri Ülker Foundation, Turkey</td>
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Sessions: Obesity and Heart Disease | Exercise & Kinesiology | Genetics and Obesity | Child Nutrition
Session Chair: Elena Roura, Alicia Foundation, Spain
Session Co-Chair: Ashley Knowell, South Carolina State University, USA

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<tr>
<td>14:50-15:20</td>
<td>Title: Thicker intima-media thickness in obese children as compared to children with familial hypercholesterolemia: A wake-up call</td>
<td>D Meeike Kusters</td>
<td>VU Medical Center, Netherlands</td>
</tr>
<tr>
<td>15:20-15:50</td>
<td>Title: Analyzing the role of high pro-inflammatory diets and childhood obesity in the risk of adult carcinogenesis in South Carolinian children</td>
<td>Ashley Knowell and Shanora Brown</td>
<td>South Carolina State University, USA</td>
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Networking and Refreshments Break 15:50-16:15 @ BAR TERRAZA

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<td>16:15-16:45</td>
<td>Title: Comparison of snack composition in obese and normal weight children</td>
<td>Mehnoosh Samadi</td>
<td>Kermansh University of Medical Sciences, Iran</td>
</tr>
<tr>
<td>16:45-17:15</td>
<td>Title: Does dietary calcium intake is effective in regulating body weight in children?</td>
<td>Mehnoosh Samadi</td>
<td>Kermansh University of Medical Sciences, Iran</td>
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Panel Discussion
Day 2    March 16, 2018

Hall @ Le Mans

Keynote Forum

09:00-09:40  Title: Analysis and evaluation of meals served in state registered private childcare settings
Beverly M Copeland, Prairie View A&M University, USA

09:40-10:20  Title: Ketogenics: Implementation in clinical practice and biopsychosocial considerations
Shaweta Vasudeva, National Academy of Sports Medicine, USA

Networking and Refreshments Break 10:20 - 10:45 @ BAR TERRAZA

Sessions: Physical Activity | Nutrition & Metabolism | Behavioral & Environmental Factors | Child Nutrition
Session Chair: Burcu Aksoy, Sabri Ülker Foundation, Turkey
Session Co-Chair: Waseem Samsam, Anti-Doping Lab Qatar, Qatar

Session Introduction

10:45-11:15  Title: Prevalence of obesity and overweight based on body mass index Z-scores among a group of Iranian adolescents, 2005 to 2014 years
Fatemeh Abdollahi, Mazandaran University of Medical Sciences, Iran

11:15-11:45  Title: Fat mass index or body mass index; which is more accurate in diagnosing childhood obesity?
Mehnoosh Samadi, Kermanshah University of Medical Sciences, Iran

11:45-12:15  Title: School-based intervention to enable school children to act as change agents on weight, physical activity and diet of their mothers
Susanta Indrawansa, The Foundation for Health Promotion, Sri Lanka

12:15-12:45  Title: Overweight and obesity among adults aged 18-45 years residing in and around Giyani town in Mopani district of Limpopo province, South Africa
Motadi SA, University of Venda, South Africa

Lunch Break 13:15-14:15 @ BAR TERRAZA

Poster Presentations @ Meeting Room 14:15-15:15

CHON - 1  Title: An overview of children in Amsterdam with (morbid) obesity and comorbidity in secondary healthcare
Ghizlan El Mansouri, OLVG West Hospital, Netherlands

CHON - 2  Title: Sensory evaluation of different walnut species
Jelena Vidic, University of Roehampton, London

CHON - 3  Title: Evaluation of the obesity contributing factors in first grade elementary school students from Sari, North of Iran
Melody Omraninava, Islamic Azad University, Iran

CHON - 4  Title: The balanced nutrition education programme in schools in Turkey
Burcu Aksoy Canyolu and Özlem Ulic Catar, Sabri Ülker Foundation, Turkey

Sessions: Physical activity | Nutrition & Metabolism | Behavioral & Environmental Factors | Child Nutrition
Session Chair: Burcu Aksoy, Sabri Ülker Foundation, Turkey
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Session Introduction

15:15-15:45  Title: An investigation of causal relationship between age at introduction of formula feeding or solids and incidence of childhood overweightedness or obesity in Greater Western Sydney Australia: A prospective cohort study
Haider Mannan, Western Sydney University, Australia

Young Researchers Forum
15:45-16:15
**Title:** Evaluating the expression of known pro-inflammatory and obesity markers in prostate cancer
**Maya Barbour and O’Quan Cross,** South Carolina State University, USA

16:15-16:45
**Title:** Expression of chronic inflammatory markers in South Carolinian children
**Taiwo Biotidara and Sydney Spry,** South Carolina State University, USA

16:45-17:15
**Title:** Implication of childhood obesity and high pro-inflammatory diets in South Carolinian children: survey and data stratification
**Dejah Thomas and Richard Drayton,** South Carolina State University, USA

**Networking and Refreshments Break 17:15-17:40 @ BAR TERRAZA**

**Awards & Closing Ceremony**