17th World Summit on
Positive Psychology
Psychotherapy & Cognitive Behavioral Sciences
May 01-03, 2017   Toronto, Canada
08:00-08:15 Registrations

08:15-08:30 Opening Ceremony

Keynote Forum

08:30-09:10 Title: Create, promote and deliver: How to bring effective positive psychology programs to businesses, schools, non-profit and other organizations?
Braco Pobric, High Impact Consulting, Training and Coaching Division, USA

09:10-09:50 Title: The scientificity of positive psychology: Rising star or empty suit?
Mark Andrew Holowchak, University of the Incarnate Word, USA

09:50-10:30 Title: Train your head, body will follow
Sandy Joy Weston, Weston Fitness, USA

Panel Discussion

Group Photo @ 10:30-10:35
Networking & Refreshment Break 10:35-10:50 @ Prefunctional Space

10:50-11:40 Title: Psychology of Happiness for individual thriving
Meghan Kirwin, University of East London, UK
Elizabeth K Misener, University of Southern California, USA

Sessions:
Positive Psychology Interventions | Happiness | Psychotherapy | ADHD
Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA
Session Co-Chair: Chris Arockiaraj, St. Patrick’s Seminary and University, USA

11:40-12:00 Title: Running - An ultimate source to Health, Happiness and Wellbeing
Roopak Desai, Union Bank of Switzerland, USA

12:00-12:20 Title: Creating a better world through online avenues in positive psychology
Jamie Rose Brown, Kyani-Team Fusion & the Happiness Ninja, Australia

12:20-12:40 Title: A clinical trial to evaluate the comparative efficacy of cognium syrup with standard behavioral therapy vis-a-vis standard behavioral therapy alone in children with Attention-Deficit Hyperactivity Disorder (ADHD)
Vijay Warad, Grant Medical College, India

12:40-13:00 Title: The four languages of experience: Existential therapy, proposal from the Mexican school
Yaqui Andres Martinez Robles, Circulo de Estudios en Psicoterapia Existencial, Mexico

Workshop

13:00-13:30 Lunch Break @ Restaurant

13:30-14:20 Title: The social construction of mental illness and its implications for neuroplasticity
Michael T Walker, Associated Counselors & Therapists, USA

Sessions:
Yoga & Meditation | Mindfulness | Depression | Cognitive Behavioral Therapy
Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA
Session Co-Chair: Chris Arockiaraj, St. Patrick’s Seminary and University, USA
Title: Navigating anxiety and stress through mindfulness: Cultivating mindfulness and awareness in a community-based setting
Andrew Safer, Safer Mindfulness, Canada

Title: Always-adapt.com to life change, never react to it
Wayne P Gillis, Saint Mary’s University, Canada

Title: Psychological impact of caregiving: A psychological study among the main caregiver of patient with mental disorder and cancer patients
Zokaitluangi, Mizoram University, India

Title: Yoga and meditation as effective tools for mental and physical wellness
Jigar Parikh, Shri P. H. G. Municipal Arts & Science College, India

Title: Depression in patients with chronic kidney disease
Nigar Sekercioğlu, McMaster University, Canada

Panel Discussion

Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space

Session Chair: Lívia S S Valentin, University of São Paulo School of Medicine, Brazil

Young Research Forum

Title: The effect of attachment styles on marriage compatibility in Turkish couples
Deniz Oruc, Uskudar University, Turkey

Title: Parental involvement in inclusive classrooms for students with learning disabilities at Omani schools as perceived by teachers
Sahar El Shourbagi, Sultan Qaboos University, Oman

Title: Buddhism and innovative sustainable development
Sree Mattananda Sraman, The University of Hong Kong, Hong Kong

Title: Big data driven indicator choosing for disaster response capacity shortage assessment of urban critical infrastructure
Zhaoge Liu, Harbin Institute of Technology, China

Title: Health seeking behaviour among women during Labour and Antenatal care followup in rural parts of Gambella, Western Ethiopia January-February 2017
Jeromi Ofato Alew, Jimma University School of Medicine and Health Sciences, Ethiopia

Panel Discussion

Day 2 | May 02, 2017

HURON NIPISSING

Keynote Forum

Title: Workplace bullying and its relationship with job satisfaction and psychological well-being
Javier Fiz Perez, Dafne Cataluna, Gabriele Giorgi, European University of Rome, Italy

Title: Positive emotions, neuroscience and bodily responses: How these three are connected and the implications for psychological, social and physical well-being
Merethe Dronnen, Volda University College, Norway

Title: Archetypal energies as a framework for resilience and optimal mental health
Carroy (Cuf) Ferguson, University of Massachusetts, USA

Panel Discussion

Networking & Refreshment Break 10:15-10:30 @ Prefunctional Space

Title: Integrating positive psychology and elements of music therapy to alleviate adolescent anxiety
Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong

Workshop
Title: Breathwork as a gateway to positive psychology interventions - Supportive and indispensable techniques to assist clients experiencing trauma, anxiety, depression, anger, and/or grief
Karla R Wilson, Wabi-Sabi Vibe, USA

Sessions:
Subjective Well-being | Philosophy & Resilience | Psychology & Mindfulness
Session Chair: Mark Andrew Holowchak, University of the Incarnate Word, USA
Session Co-Chair: Michael T Walker, Associated Counselors & Therapists, USA

Session Introduction

12:00-12:20
Title: Psychology in the light of the east
Margot Esther Borden, Integral Perspectives, USA

12:20 12:40
Title: Coping with burnout and building subjective wellbeing: Positive psychology approach
Chris Arockiaraj, St. Patrick’s Seminary and University, USA

12:40 13:00
Title: The need for disease
Atul Kumar Mehra, Jaagran Psychoanalysis and Wellness Centre, Canada

Lunch Break 13:00-13:30 @ Restaurant

Workshop

Title: A therapist tool: Virtual reality exposure to treat social phobia-VRSP program (English, Spanish and Portuguese versions)
Cristiane Maluhy Gebara, University of São Paul, Brazil
Tito Paes de Barros Neto, University of São Paulo, Brazil

Sessions:
Mindfulness & Compassion | Positive Psychology on Mental Health | Depression
Session Chair: Merethe Dronnen, Volda University College, Norway
Session Co-Chair: Nora Alejandra Pires Almeida Cavaco, Universidade Lusófona, Portugal

Session Introduction

14:20-14:40
Title: When life is falling apart but your funny bone is fine: Therapeutic humor, resilience and care-giving
Maia Aziz, The Montreal Children’s Hospital, Canada

14:40-15:00
Title: Positive psychology in training mental health professionals working with gender, sexuality and relationship diversity
Dominic Davies, Pink Therapy, UK

15:00-15:20
Title: Efficacy of meditation and counselling on impulses of drug users
Pragna Parikh, Smt. Sadguna C.U. Arts College for Girls, India

15:20-15:40
Title: Role of psychologist in special and inclusive education
Ravi Gunthey, Jai Narain Vyas University, India

15:40-16:00
Title: Parental involvement program for Jamaican parents
Peta Gayle Oates-Blake, University of East London, UK

Panel Discussion

Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space

Poster Presentations @ 16:15 17:00

P.No.01
Title: Military service effects on personality and psychological well-being
Paula Boros, Nova Southeastern University, USA

Title: Hypnosis, empathy & attribution

P.No.02
Ksenia Tchoubarova, University of Wales, UK
Title: The integration of public and private practice in grief treatment for adult and child cases: How can they work together?
Mara Fantinati, Italian Association EMDR, Italy
P.No.04  Title: Effects of mindfulness and self-awareness in rest and stress: Biofeedback and neurofeedback measures and training  
Rose Schnabel, University of Toronto, Canada

P.No.05  Title: The experience of first-year undergraduate commuting students  
Holly Boyne, University of Guelph-Humber, Canada

P.No.06  Title: Prevalence of depressive symptoms in patients with chronic pain with no history of psychiatric diseases  
Ho-Jin Lee, Seoul National University, Republic of Korea

P.No.07  Title: Predictors of food insecurity and its association with Mental Health and wellbeing among pregnant women  
Prince Addai, University of Fort Hare, South Africa

P.No.08  Title: The Association between Elder mistreatment and perceived hopelessness among Chinese elderly in Chicago  
Poh Zhing Loong, RUSH University Medical Center, USA

Panel Discussion

Day 3 | May 03, 2017  
HURON NIPISSING  
Keynote Forum

08:15-08:55  Title: Positive psychology: The applications  
Fredrike P Bannink, University of Amsterdam, Netherlands

Sessions:
Mental Illness | Positive Psychology | Mindfulness

Session Chair: Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong
Session Co-Chair: Zokaitluangi, Mizoram University, India

Session Introduction

08:55-09:15  Title: The challenges of integrating mindfulness training within pain management services  
F Cal Robinson, Orthopaedic and Spine Center, USA

09:15-09:35  Title: Altered states and asset based inclusion  
Michael Whelan, Queensland University of Technology, Australia

09:35-9:55  Title: Digital game: A scale to evaluate the perioperative cognitive function (MentalPlus®)  
Lívia S S Valentin, University of São Paulo School of Medicine, Brazil

Panel Discussion  
Networking & Refreshment Break 09:55-10:10 @ Prefunctional Space  
Workshop

10:10-11:00  Title: Positivity in mind  
Alain Jean-Baptiste, Possibilities in Mind, Canada

Sessions:
Mental Health | Child & Adolescent Psychology | Psychological Resilience

Session Chair: Fredrike P. Bannink, University of Amsterdam, Netherlands
Session Co-Chair: Margot Esther Borden, Integral Perspectives, USA

Session Introduction

11:00-11:20  Title: Psychological resilience of life transitions: Coping flexibility as an adaptive quality  
Cecilia Cheng, The University of Hong Kong, Hong Kong

11:20-11:40  Title: Mindfulness, brainwaves and happiness  
Ellie Wright, EGW Research Institute LLC, USA

11:40-12:00  Title: It is never too late. Integrative grief treatment: A comparison between different generations of single cases, adults and children, facing similar mental suffering  
Mara Fantinati, Italian Association EMDR, Italy

12:00-12:20  Title: Community mental health care: An examination of the Lebanese context  
Nadine J Zlaket and Elias A Rahme, Holy Spirit University of Kaslik, Lebanon
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<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution</th>
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<tbody>
<tr>
<td>12:20-12:40</td>
<td>The journey of the mind, trauma, triumph and resilience</td>
<td>Randi-Mae Stanford-Leibold, University of Guelph-Humber, Canada</td>
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<td>12:40-13:00</td>
<td>Physical and mental health of adolescents</td>
<td>Aditya Narayan Tripathi, Sant Tulsi Das PG College, India</td>
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<td>13:00-13:30</td>
<td>Lunch Break</td>
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<td>Restaurant</td>
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<td>13:30-14:20</td>
<td>Practicing positive CBT from reducing distress to building success</td>
<td>Fredrike P Bannink, University of Amsterdam, Netherlands</td>
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<td><strong>Workshop</strong></td>
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<td><strong>Panel Discussion</strong></td>
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<td>14:20-14:40</td>
<td>Mindfulness based approach in the treatment of obesity: An integration with CBT approach</td>
<td>Pacheco Emerson and Mônica Portella, Rio de Janeiro State University, Brazil</td>
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<td>14:40-15:00</td>
<td>Autism: A neuropsychological perspective</td>
<td>Nora Alejandra Pires Almeida Cavaco, Universidade Lusófona de Lisboa, Portugal</td>
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<td>15:00-15:20</td>
<td>Positive reinforcement in classroom management and the use of creative arts as multimedia tools for teaching and learning</td>
<td>Maria Lourdes de Vera, Universidad de Sta. Isabel, Philippines</td>
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<td>15:20-15:40</td>
<td>A comparative study of mental health among rural and urban adolescent students of higher secondary school</td>
<td>Parulben Harish Desai, Shri Vanraj Arts &amp; Commerce College, India</td>
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<td>15:40-16:00</td>
<td>Occupational role stress of the public and private sector school teachers</td>
<td>Vishnu Patel, Association of Mobile Networking Companies, India</td>
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<td>16:20-16:40</td>
<td>Schema therapy for children, adolescents and parents</td>
<td>Christoff Loose, University of Duesseldorf, Germany</td>
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<td>16:40-16:50</td>
<td>Personalized individual parent training (PIPT) parenting intervention</td>
<td>Begum ENGUR, King’s College London, UK</td>
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<td>16:50-17:00</td>
<td>Laughter: The gate to our inner healing pharmacy</td>
<td>Dimitrios Morfis, The Open University of Cyprus, Cyprus</td>
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<td><strong>Panel Discussion</strong></td>
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<td>17:00-17:30</td>
<td>Awards Certification &amp; Closing Ceremony</td>
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<td>17:00-17:30</td>
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**Sessions:**
- Mental Health Care
- Mindfulness
- Autism
- Psychological Interventions
- Stress

**Session Chair:** Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong
**Session Co-chair:** Zokaitluangi, Mizoram University, India

**Session Introduction**

**Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space**

**Group Photo @ 16:15-16:20**

**Virtual Presentations**

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