

Scientific Program

International Conference on
**BIPOLAR DISORDER: DEPRESSION
AND PSYCHIATRY**

NOVEMBER 05-06, 2018 ABU DHABI, UAE



BIPOLAR DISORDER 2018

Conference series

47 Churchfield Road, London, W3 6AY, UK

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Monday 05th November 2018

Day 1

09:00-09:30

Registration Opens

Conference Hall

09:30-10:00

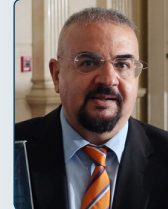
Opening Ceremony

10:00-11:00

Keynote Presentation

Title: What are the key priorities for mental health in the next 5 years for Dubai?

Kadhim Alabady, Dubai Health Authority, UAE

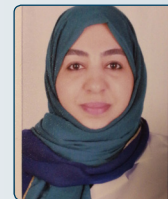


Group Photo & Networking and Refreshments Break 11:00:11:30 @ Foyer

11:30-13:00

Workshop Presentation

Title: An effective CBT techniques for bipolar disorder
Basmah Albashrawi, Alamal Complex for Mental Health
Saudi Arabia



Lunch Break 13:00 - 14:00 @ Restaurant

Scientific Sessions: Bipolar Disorder | Clinical Psychology | Depression & Anxiety Disorders | Psychiatry & Mental Health Nursing

Session Chair: **Kadhim Alabady**, Dubai Health Authority, UAE

Session Co-Chair: **Rasha Shehadi**, Novomed Psychiatry and Neurology, UAE

14:00-14:30

Title: Audit of acute inpatient compliance with Royal College of Psychiatrists' UK standards
Muhammad Adnan Hafeez, Dr Sulaiman Al Habib Medical Group, Saudi Arabia

14:30-15:00

Title: Literature review on effectiveness of psychoeducation for families of patients with bipolar disorder

Rasha Shehadi, Novomed Psychiatry and Neurology, UAE

15:00-15:30

Title: Acceptance and commitment therapy to treat depression

Najiha Syeda, Dwight School Dubai, UAE

15:30-16:00

Title: Cognitive behavioral therapy

Shaheda Tabassum, Institute of Behavioral and Management Science, UAE

16:00- 16:30

Title: Concept of emotions in philosophy

Sholeh Toobae, Iranian Hospital, UAE

Networking and Refreshments Break 16-30:17:00 @ Foyer

Panel Discussion

Bipolar Disorder 2018

Conference Hall

Workshop Presentation

10:00-12:00

Title: Bipolar disorder diagnosis and treatment of cognitive behavioral therapy techniques

Sameera Hassan Abkar, King AbdulAziz University, Saudi Arabia

Scientific Sessions: Psychotherapy | Depression & Anxiety Disorders | Management and Treatment of Mental Health Issues

12:00:12:30

Title: Psychotherapy for patients with bipolar disorder

Melba Alvarez, Instituto Nacional de Psiquiatría "Ramón de la Fuente Muñiz", México

12:30:13:00

Title: The cause of anxiety in the patients with CHF and dementia of eastern states and how depression is effecting in the eastern population as a whole in All India Institute of Medical Sciences

Soumen Acharya, National Institute of Public Cooperation and Child Development, India

Lunch Break 13:00-14:00 @ Restaurant

Panel Discussion

