

10<sup>th</sup> World Summit on

# Mental Health, Psychiatry and Wellbeing

August 16-17, 2023 | Toronto, Canada



Conference Series LLC Ltd  
35 Ruddlesway, Windsor, Berkshire, SL4 5SF, UK  
For Queries: +44-113 868 0100

## Day 1 | August 16, 2023

|                                |  |
|--------------------------------|--|
| 09:00-09:15                    | Registrations & Introduction   |
| 09:15-09:30                    | Opening Ceremony   |
| <b>Keynote Forum</b>           |  |
| 09:30-10:15                    | <b>Title: Deliberate self harm in elderly</b><br><b>Dr Dharwinder Kumar Garg</b> , Guru Nanak manorog Hospital ( psychiatric hospital and deaddiction centre, Punjab, India  |
| 10:15-11:00                    | *** Slot Available***  |
| <b>Group Photo 11:00-11:05</b> |  |
| Panel Discussion               | <b>Networking &amp; Refreshment Break 11:05-11:20</b>  |
| 11:20-12:05                    | <b>Title: Community and connection among indigenous populations: why it matters</b><br><b>Jocelyn Paul</b> , Ph.D. in Department of Psychology Dalhousie University Canada   |
| <b>Workshop</b>                |  |
| 12:05-13:05                    | *** Slot Available***  |
| Panel Discussion               | <b>Lunch Break 13:05-14:05</b>   |
| 14:05-14:35                    | <b>Title: Child sexual abuse, trauma alcohol and drug dependency: association and disassociation in alcohol and drug treatment for children</b><br><b>Penn Eric Khan</b> Phd., Student. Sahmyook University South Korea                            |
| 14:35-15:05                    | <b>Title: Mothers Matter - Self-Compassion, Reflective Functioning &amp; Parental Burnout</b>  |
| 15:05-15:35                    | <b>Courtney Katzenberg</b> , Towson University, USA  |
| Panel Discussion               | <b>Networking &amp; Refreshment Break 15:35-16:05</b>  |
| <b>Young Researchers Forum</b> |  |
| 16:05-16:35                    | <b>Title: Exploring the connection between university academic travels, a love of learning, experiences of flow, and a positive outlook on life among international students</b><br><b>Lori P. Montross</b> , PhD, Franklin University Switzerland |
| 16:35-17:05                    | <b>Title: Losing weight and gaining well-being: online intervention for women based on Positive Psychology</b><br><b>Marta Fonseca</b> , PhD student – Porto University, Portugall   |
| 17:05-17:35                    | <b>Title: Self-Determination, positive psychology, and motivation: using empirical based practices within classroom settings</b><br><b>Tamara Blake</b> , The Chicago School of Professional Psychology,USA  |
| *** Slots Available***         |  |

# Day 2 | August 17, 2023

## Keynote Forum

09:30-10:15

\*\*\* Slot Available\*\*\*

10:15-11:00

\*\*\* Slot Available\*\*\*

## Group Photo 11:00-11:05

Panel Discussion

Networking & Refreshment Break 11:05-11:20

11:20-11:50

\*\*\* Slot Available\*\*\*

11:50-12:20

**Title: The impact of psychological capital in the direct effect of psychological stress on the professional quality of life of Italian health workers**  
**Silvia Platania**, University of Catania, Department of educational sciences-section of psychology, Italy.

12:20-12:50

**Title: "Put on your Walking Shoes": A Phenomenological Study of Clients' Experience of Walk and Talk Therapy**  
**Arie T. Greenleaf**, Ph. D., Nova Southeastern University, USA  
Dr. Greenleaf's research explores the broad therapeutic effects of nature on therapy clients' psychological, emotional, and social wellbeing, and symptoms of DSM 5 disorders.

12:50-13:20

**Title: Peaceful Revolutions**  
**Gregory S. Shak**, Professor, The Ohio State University, USA

Panel Discussion

Lunch Break 13:20-14:20

14:20-14:50

\*\*\* Slot Available\*\*\*

14:50-15:20

\*\*\* Slot Available\*\*\*

15:20-15:50

\*\*\* Slot Available\*\*\*

Panel Discussion

Networking & Refreshment Break 15:50-16:05

## Poster Presentations 16:05-17:05

PP 01

**Title: May I have your attention, Please: A hypnotic journey to understanding undiagnosed ADHD**  
**Jack Hirsh**, (He/Him) 3rd degree connection 3rd Motivational Speaker, hypnotist and ADHD advocate

PP 02

**Title: A Cross Sectional Survey on UK Older Adult's Attitudes to Ageing, Dementia and Positive Psychology Attributes**  
**Madeleine Thelu**, BMedSci, School of Medicine, University of Nottingham, UK

## Video Presentations

17:05-17:25

**Title: The Effect of Illness Perception on Stigma in Hemodialysis Patients: the Mediating Role of Self-compassion and Health-related Hardiness**  
**Yijia Huang**, China

17:25-17:45

\*\*\* Slot Available\*\*\*

## Closing Ceremony and Awards