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# Study of changes in biochemical parameters of rats after acute exposure to gold core-shell hybrid nanostructures



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### BACKGROUND

Gold nanoparticles (GNPs) are one of nanomaterials widely used for biomedical purposes. Due to large surface area and high sorbtion capacity, they can be coated by various biomolecules to produce gold core-shell hybrid nanostructures (GHNs). GHNs posess a great potential as agents for diagnostics, controlled drug delivery, bioimaging, cancer treatment, photodynamic therapy, etc. Use in biomedicine arises a problem of GHNs' toxicity towards humans. Therefore, studies of biological effects caused by GHNs after *in vivo* administration are of great relevance.

### **OBJECTIVES**

The aim of this study was the measurement of biochemical parameters of rats after acute exposure to GHNs in order to reveal GHNs-mediated biological action.

# MATERIALS AND METHODS

GHNs were obtained on the base of GNPs of a 30 nm diameter synthesized by a reduction of sodium citrate. Then, GNPs were coated by immunoglobulins G by physical adsorption method. After single intravenous administration of GHNs to adult rats in a dose of 1000 mg/kg of body weight, alanine aminotransferase (ALT) and alkaline phosphatase (ALP) were measured in rats' organs and tissues. These parameters were used to evaluate the function of liver which is known to be the target organ for nanotoxicants.

## RESULTS

Effect of GHNs on the enzymatic activity of ALT

| Organ/tissue | Experimental value, % | Control value, % |
|--------------|-----------------------|------------------|
| Brain        | 114±8,0               | 100              |
| Lungs        | 113±15                | 100              |
| Kidneys      | 102±2,9               | 100              |
| Spleen       | 109±17                | 100              |
| Serum        | 125±15                | 100              |
| Intestine    | 108±7,9               | 100              |

Effect of GHNs on the enzymatic activity of ALP

| Organ/tissue | Experimental value, % | Control value, % |
|--------------|-----------------------|------------------|
| Brain        | 112±2,9               | 100              |
| Lungs        | 107±5,6               | 100              |
| Liver        | 115±5,8               | 100              |
| Kidneys      | 108±1,9               | 100              |
| Intestine    | 101±9,6               | 100              |
| Serum        | 115±8,7               | 100              |
| Spleen       | 103±7,3               | 100              |

The obtained data indicated that the maximum change in the activity of ALT was observed in blood (it increased by 25% as compared to control animals). For ALP, the maximum increase in the activity was recorded in the liver and serum (15% higher than control values).

# SUMMARY

Overall, an increase in the enzymatic activity of ALT and ALP after intravenous administration of GHNs indicates the development of hepatic pathologies in rats as a result of acute toxicity of GHNs.

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