

Prosopoplasty

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Abstract

Objective: The word "plastic" comes from the Greek verb "platho" which means "to mould" or "to give form". Plastic Surgery is the medical specialty that enables the moulding and the re-forming of the human body. Plastic Surgery helps us to regain our self-esteem and self-respect.

Methods: All the procedures that aim the natural renewal of the face (face lift, neck liposuction, neck lift, blepharoplasty, eyebrow lift, dermabrasion) can be carried out together constituting one procedure. In my opinion, the international medical community must introduce a new term; "prosopoplasty" which will include all these procedures. Non aesthetic surgical procedures like tumour resection, facial burns and skin cancer, non surgical procedures like laser and botox, procedures that change the characteristics of the face like rhinoplasty and otoplasty, procedures that change the profil of a face like geneioplasty do not belong in "prosopoplasty".

Results: Face means "prosopo". The word "prosopo" comes from the Greek phrase "pros opa". "Pros opa" in the ancient Greek language means "the part of the head which is towards the eyes". I personally agree with this term and I am in favour of this new terminology, mainly because of its Greek origin. All the terminology in Plastic Surgery has Greek origin as it express the procedures in the best way; blepharoplasty, rhinoplasty, abdominoplasty, otoplasty, mastoplasty.

Conclusions: "prosopoplasty" is the operation that includes the aesthetic surgical procedures on a face for facial rejuvenation.

Biography:

Dr Harris Zavrvides graduated from the Medical School of Patras University in Greece and received his PhD degree from the Medical School of Athens University. He is a board certified Plastic Surgeon from the Medical School of Athens University. Dr Harris Zavrvides maintains a private practise at "Harris Zavrvides Plastic Surgery Center" in Nicosia - Cyprus. He is a Professor in Aesthetic Plastic Surgery and Wound Healing at Frederick University, Nicosia – Cyprus.