



Phenolic profile and health properties of *Citrus* × *clementina* juice

Monica Rosa Loizzo^{1,*}, Vincenzo Sicari², Marco Bonesi¹, Tiziana Falco¹, Maria Concetta Tenuta¹, Mariarosaria Leporini¹, Rosa Tundis¹

¹Department of Pharmacy, Health and Nutritional Sciences, University of Calabria, Rende (CS), Italy.

²Department of Agraria, University "Mediterranea" of Reggio Calabria, Reggio Calabria, Italy

Calabria (South of Italy) is around a quarter of the Italian *Citrus* production. The Calabria Clementine IGP (*Citrus* × *clementina*) is a hybrid between a Mediterranean *Citrus* × *deliciosa* and a sweet orange. *C.* × *clementina* are grown in the province of Cosenza and are appreciated for the sweetness characteristics and the full taste and aroma made pleasant by the absence of seeds within the pulp. The nutritional interest in the significance of free radicals as a risk factor for the incidence of degenerative diseases is only acknowledged for one or two decades. One of the possibilities of 'fighting' free radicals is through the intake of antioxidants. *C.* × *clementina* juice obtained by fruits at fully maturity stage was investigated for its HPLC flavonoids profile and health properties. The quality parameters, including pH, total soluble solids, and ascorbic acid content were also determined. The radical scavenging potential were investigated by using ABTS and DPPH test. Among identified flavonoids neohesperidin (116.5 µg/mL) and hesperidin (55.2 µg/mL) were the main abundant compounds followed by narirutin (9.9 µg/mL). Juice showed a potent radical scavenging ability in both assay with percentage of inhibition of 74.9 and 90.4% for ABTS and DPPH test, respectively. The *C.* × *clementina* juice radical scavenging ability could be related with its great content of bioactive compounds.

Biography

Monica Rosa Loizzo is Senior Department of Pharmacy, Health Science and Nutrition of University of Calabria. She is Professor in Food Science Technology and in Funcional Food.

She is author/co-author of 139 publications in international journal, 74 communications at national and international congress and 8 Chapter in book series. She is referee of several international journals and Institutions. Her h index is 25. She enabling National Scientific Achievement to become Associate Professor in 07/F1 (SSD AGR/15) and 03/D1 (SSD CHIM/10) for years 2014-2018

Presenting author details

Full name: Monica Rosa Loizzo

Contact number: monica_rosa.loizzo@ unical.it

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