

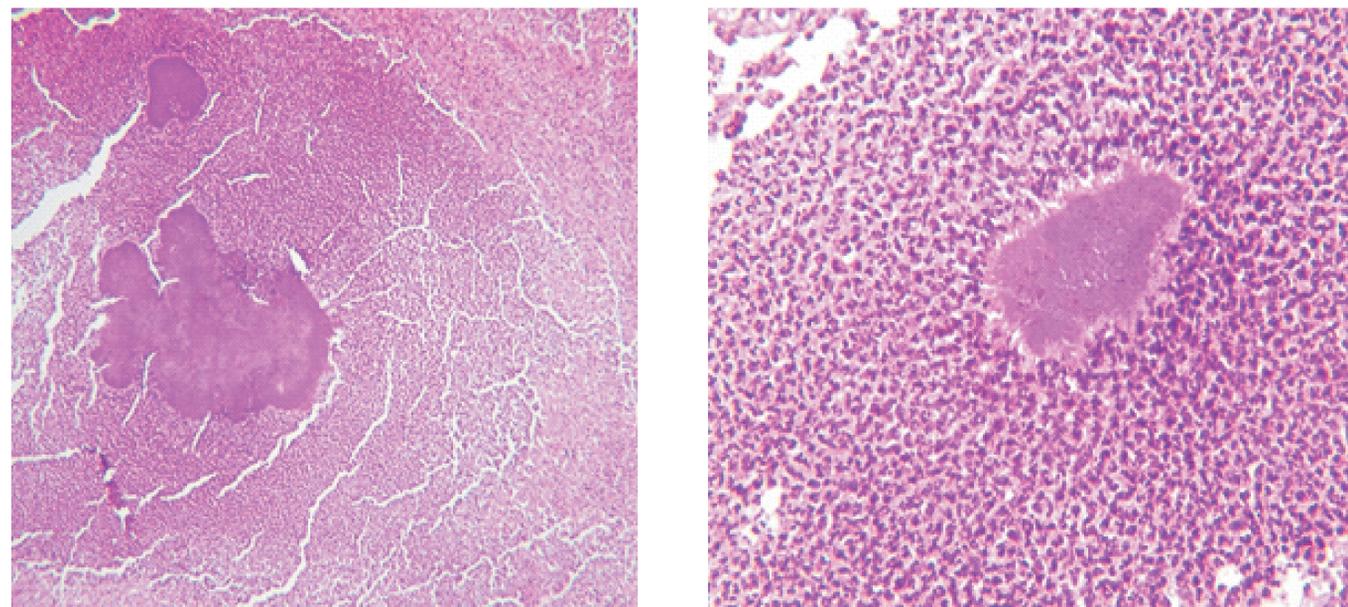
BACKGROUND

Pelvic actinomycosis is a rare disease with a low detection rate of 3%^[1]. It is caused by anaerobic bacterium *Actinomyces israelii*. Cervico-facial, thoracic and abdominal actinomycosis is the commonest. Use of intrauterine device for more than three years is an important risk factor for the occurrence in female genital tract^[1]. Clinical presentation usually mimics that of malignancy, making diagnosis challenging and may lead to extensive surgery. Pre-operative diagnostic tools are non-specific but a diagnosis can be made retrospectively after extensive surgical procedure^[1].

We report a case of actinomycosis ovary, in 25 years old female, diagnosed after surgery and histopathological examination.

CASE PRESENTATION

25 years old married female presented in outdoor clinic with complains of lower abdominal pain and fever for one week. She belonged to lower socio-economic status so previous workup for any other co-morbidities were unknown. History of intra uterine device was unknown. Physical examination revealed lower abdominal tenderness and fever. On palpation right sided lower abdominal mass was found for which abdominal ultrasonography was performed. Ultrasonography revealed a right adnexal mass. Other laboratory tests were un-remarkable. Provisional diagnosis of pelvic inflammatory disease was made. Standard operative procedure was performed. The right adnexal mass was identified, excised and sent for histological examination. Pus was drained from peritoneal cavity. The patient was stable and discharged after the procedure. Grossly, multiple fragments were received measuring 3.70x3.5x2.80 cm in aggregate. Microscopic examination revealed benign ovarian stroma showing dense pyogenic inflammation along with multiple PAS positive actinomyces colonies.



DISCUSSION

Ovarian actinomycosis is a rare disease caused by filamentous, gram-positive, non-acid-fast, anaerobic-to-microaerophilic bacteria^[1]. Most common sites of actinomycosis infection include cervico-facial followed by abdominal and then lungs^[1]. Our case was an example of ovarian actinomycosis.

Pelvic actinomycosis is even rarer having frequency of only 3%, with 2% reported cases in ovary. Predisposing factors include intrauterine devices (IUDs), vaginal pessaries, uterine prolapse and septic abortion. Ovary, as site of infection is even rarer with most cases having history of intra uterine devices^[1].

Clinical presentation varies according to the site of infection. Symptoms of patients with pelvic IUD-associated actinomycosis may mimic symptoms of gynecological malignant tumors, or uterine myoma or adenomyosis, by presenting as a genital mass without fever. Presence of adhesions due to chronic inflammation can be noted^[1]. However patients can also present, as in our case, with lower abdominal pain, constipation, and/or vaginal discharge. The duration of symptoms is usually 2 months at the time of diagnosis. Fever can occur due to complication of peritonitis^[1].

CT-scan, MRI and histopathology are considered as gold standard for diagnosis. CT-scan shows a solid mass with low attenuation area with less frequently, a cystic mass. Other methods of detection are anaerobic culture studies, immunofluorescence and presence of sulphur granules^[1].

Treatment options include medical and surgical modalities which largely depend on the system involved by the infection. In cases of IUCD related actinomycosis, removal of the foreign material is advised. Penicillin G is the first line of treatment for over 2-6 months duration. In extensive cases surgical debridement of sinuses, tract and abscess is recommended^[1].

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