

Acculturation and Stress among Chinese International Students in the U.S.

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Abstract

- **Objective:** This proposed study is designed to examine the effect of acculturation on stress among Chinese students who are currently studying in US colleges or universities.
- **Participants:** Study participants will be conveniently recruited from Chinese international college students who are studying in four different universities located in California, U.S.
- **Methods:** Suinn-Lew Asian Self-Identity Acculturation Scale will be used to measure acculturation. Perceived Stress Scale will be used to measure stress. Chi-square tests will be used to examine associations between the dependent variable and other categorical variables of interest in order to identify variables for logistic regression analyses.
- **Conclusions:** This proposed study will contribute to the literature by showing the effects of acculturation on Chinese students' stress level after they come to the U.S. This study can be used as an evidence for future intervention or prevention program focusing on Chinese or foreign students who are studying in the U.S