

TENTATIVE PROGRAM



Theme: The Future of Mental Health: Stigma and You

8th World Congress on

MENTAL HEALTH

June 24-25, 2025 | London, UK

<https://mentalhealth.cmesociety.com/>

AGENDA

June 24, 2025 | Day 1

08:15 - 08:30 - Registrations & Souvenir Distribution

08:30 - 08:45 - Opening Ceremony

KEYNOTE FORUM

- 08:45 - 09:15 **Title: Emotional dysregulation and stress in Gambling disorder (GD) and Internet gaming disorder (IGD)**
Minna Chang | Epsom and St Helier University Hospitals NHS Trust | United Kingdom
- 09:15 - 09:45 **Title: Brief Crisis Therapy: Overcoming Stigma and Promoting Hope in Crisis Therapy**
Andrew Sofin | Brief Crisis Therapy Institute | Canada
- 09:45 - 10:15 **Title: Psychotropic Polypharmacy in the Intellectually Disabled to Manage Problematic Behaviors as an Accepted Practice: A Scoping Review**
Laura Graham | University of Alabama in Huntsville | United States
- 10:15 - 10:45
10:45 - 11:15 **Slots Available***

Networking, Refreshments and Exhibition Area 11:15-11:45

Plenary Sessions

Session on: Mental Health | Adult Mental Health | Child and Adolescents Mental Health | Mental illness | Psychology and Psychiatry | Impulse-Control Disorder

Session Chair: Aram Cargill | Change Challenge and the Adaption Apex Lab | Australia

- 11:45 - 12:00 **"Title: The Effect of Galacto-oligosaccharides (GOS) on Self-perceived Stress in Apparently Healthy but Stressed Dutch Women: A Randomized Controlled Home-Based Trial"**
Reina Tjoelker | FrieslandCampina | Netherlands
- 12:00 - 12:15 **Title: Defining Psychological Birth Trauma: Beyond the PTSD in the DSM**
Julia Imanoff | University of Calgary | Canada
- 12:15 - 12:30 **Title: Vagally Mediated Heart Rate Variability: Physiological Reactivity to Stressors and Hypertension**
Spyros Christou-Champi and Elena Papadopoulou | NeuroApto | Cyprus
- 12:30 - 12:45
12:45 - 13:00 **Slots Available***
13:00 - 13:15

Lunch Break 13:15-14:15

Session on: Neuro-Development Disorders | Post-traumatic Stress Disorder | Bipolar Disorder | Personality Disorders | Dissociative Disorders | Anxiety and Depression

Session Chair: Rauni Prittinen King | Pacific Pearl La Jolla | USA

14:15 - 14:30 **Title: The Relation between Pattern of Feeding and Behaviour & Mental Health Disorders among Children**

Anne-Sophie Weyns | University of Antwerp | Belgium

14:30 - 14:45 **Title: Social Deficiency and Alterations of Cholinergic Activity in the Medial Prefrontal Cortex in Adult Rat Prenatally Exposed to Vaproic Acid**

M Dashniani, M Burjanadze, N Chkhikvishvili, R Solomonias, L Tsverava, L Kruashvili and M Chighladze | Beritashvili Center of Experimental Biomedicine | Georgia

14:45 - 15:00 **Title: Get Rid of the Stigma Associated with Mental Health - An Essential Step towards Real Education**

Vincenzo Fano | University of Minho | Italy

15:00 - 15:15

Slots Available*

15:15 - 15:30

Networking, Refreshments and Exhibition Area 15:30 - 16:00

Poster Presentation 16:00 - 17:00

PP01 **Title: Girls, Trauma, and the Institutional Maze: The Challenges of Navigating Institutional Control**

Sanna King | University of Hawai | United States

PP02 **Title: Journey to Self- Healing: Biofield Therapies, Spirituality and Body-Mind Health**

Rauni Prittinen King | Pacific Pearl La Jolla | United States

PP03 **Title: No More Nightmares: How to Use Planned Dream Intervention to End Nightmares**

Beverly Ann Dexter | Licensed Clinical Psychologist | United States

PP04 **Title: Life Inside and Out of the Matrix – Spiritual Therapy Approach**

Danny Shandor | Tel Aviv University | Israel

PP05 **Slots Available***

PP06-PP10 **Slots Available***

June 25, 2025 | Day 2

08:30 - 08:45 - Opening Ceremony

KEYNOTE FORUM

- 08:45 - 09:15 **Title : Addiction and PTSD for Long Term Recovery**
David Shrank | Empowerment Behavioral Therapeutic Services | United States
- 09:15 - 09:45 **Title: The Psychology of Football: Psychological Factors and Football Players Performance**
Kadhim Alabady | Dubai Health Authority | UAE
- 09:45 - 10:15
- 10:15 - 10:45 **Slots Available***
- 10:45 - 11:15

Networking, Refreshments and Exhibition Area 11:15-11:45

Session on: Dementia | Schizophrenia | Suicidology | Addiction | Psychosis | Psychotherapy and its Advances | Psychological Evaluation and Assessment | Rehabilitations and Recovery

Session Chair: Nancy Labib | Integrative Psychiatry Clinic | Egypt

- 11:45 - 12:00 **Title: Evaluating the Use of Multi-Disciplinary Team Meeting Sheets in Older Adult & Adult Mental Health in a Tertiary Psychiatric Hospital in NHS Grampian, North Scotland - a Completed Audit Cycle**
Sanah Ghafoor | Clinical Effectiveness Team | UK
- 12:00 - 12:15 **Title: Treatment Response to Low-Dose Ketamine Infusion for Treatment-Resistant Depression: A Gene-Based Genome-Wide Association Study**
Sanah Ghafoor | Clinical Effectiveness Team | UK
- 12:15 - 12:30 **Title: Factors Associated with Empathy of Schizophrenia Patients in Psychiatric Rehabilitation and Recovery**
Enuju Song | Wonkwang University | South Korea
- 12:30 - 12:45
- 12:45 - 13:00 **Slots Available***

Lunch break 13:00 - 14:00

Session on: Positive Psychology | Mental Health Nursing | Mental Health Stigma | Psychosomatic Medicine/ Consultation-Liaison Psychiatry | Covid 19 and Mental Health | LGBTQ+ and Mental Health | Mindfulness, Yoga and Meditation

Session Chair: Giuseppe Bersani | Sapienza University of Rome | Italy

- 14:00 - 14:15 **Title: A Comparison of Mainstream and Social Media Reporting of Suicide between Men and Women**
Tina Guo | University of Toronto | Canada

- 14:15 - 14:30 **Title: Telepsychiatry: Moving beyond Rural Care to Enhancing the Patient Experience**
Allison Sikorsky | At Your Service Psychiatry | United States
- 14:30 - 14:45 **"Title: Market Analysis: The Modulation of Spirituality in using the CISM Model with Mental Health Service Providers"**
Christine Wilhoite | Path Mental Health Services | USA
- 14:45 - 15:00
15:00 - 15:15 **Slots Available***

PANEL DISCUSSION

*****Certificates and Award Presentations*****

Thanks Giving & Closing Ceremony

****Note: The program schedule is subject to change****