



Opening Ceremony/
08:30-08:40

Alternative Medicine 2023 | December 14 - 16, 2023 | Rome, Italy

Keynote Forum

08:40 - 09:20

Title: Incorporating the “FEEL GOOD” factor, tackling RA (Rheumatoid Arthritis) from its root cause while reducing inflammation, a step by step approach

Fai Chan, Deli Aroma LLC, USA

09:20 - 10:00

Title: The Ellen Cutler Method (ECM)

Ellen Cutler, Cutler Clinic, USA

10:00 - 10:40

Title: Nature has the answers: Discovering, validating, and better understanding natural bioactives for human health

Martin Kussmann, German Entrepreneurship, USA

10:40 - 11:20

Title: How I came to be producing a new medicinal plant product in Madagascar

John W James, Mioty Voajanahary SARL, Madagascar

Refreshment Break 11:20-11:30

Sessions on: Yoga & Meditation | Traditional Medicine | Herbal Medicine

11:30 - 12:00 Title: Yoga for cancer patients and survivors

Eleonora Medici, Rifugio Corpo & Spirito, Italy

12:00-12:30 Title: Traditional medicines in Madagascar

Valitiana Rasandimanana, Mioty Voajanahary SARL, Madagascar

12:30-13:00 Title: Dietary fenugreek supplementation on lowering blood glucose and glycated haemoglobin (HbA1c) in patients with type 2 diabetes mellitus

Medini Kagali, Freedom from Diabetes, India

Lunch Break 13:00-13:30

Workshop

13:30-14:10 Title: How we activate pathways of consciousness power with CranioSacralQigong practice - Rules of posture

Cloe Couturier, CranioSacralQigong, USA

14:10 - 14:40 Title: **Reducing Nurses' occupational stress using Aromatherapy as an integrative nursing intervention: A journey in process improvement**

Elicia Baker-Rogers, Justa' Touch Integrative Health & Wellness, USA

14:40 - 15:10 Title: **Protective role of the lemon essential oil fraction enriched in citral against the effects induced in normal hepatocytes by LPS treatment**

Marzia Pucci, University of Palermo, Italy

15:10 - 15:40 Title: **Use of Auriculotherapy for smoking reduction**

Fabio Pimentel, University of Santa Cruz do Sul, Brazil

15:40 - 16:10 Title: **Herbal skin care Arabic medicines in (Al-Tasrif) book of Albucahis**

Chadi Khatib, Manara University, Syria

Refreshment Break 16:10-16:20

E-Poster

16:20 - 16:40 Title: **Nanoencapsulation of phenolic compounds of Tunisian rosemary (*Rosmarinus officinalis L.*) extracts in silk fibroin nanoparticles**

Kheiria Hcini, University of Tunis El Manar, Tunisia

16:40 - 17:00 Title: **Polyphenols found in Pinot noir pomace protect endothelial cells from the cytotoxic effect of Polycyclic aromatic hydrocarbons: A contribution to the recovery of industrial waste**

Jesús Herrera-Bravo, Universidad Santo Tomas and Universidad de la Frontera, Chile

17:00 - 17:20 Title: **Treatment of skin injury with medicinal plants associated with a commercial compound of red fruit flour**

Fábio Pimentel, University of Santa Cruz do Sul, Brazil

Young Research Forum

17:20 - 17:50 Title: **Medical Herbalism research, shifting the paradigm**

Alexander Carberry, University of Birmingham, UK

Session of Day 3 Will be Updated Soon..
Please note that this is a Tentative Program. Timings in this program may subject to change.