

TENTATIVE PROGRAM



Theme: From Stigma to Support: Changing the Conversation on Mental Health

6th World Congress on

MENTAL HEALTH

May 09-10, 2024 | Barcelona, Spain

<https://mentalhealth.cmesociety.com/>

AGENDA

May 09, 2024 | Day 1

08:15 - 08:30 - Registrations & Souvenir Distribution

08:30 - 08:45 - Opening Ceremony

KEYNOTE FORUM

- 08:45 - 09:15** Title: Emotional dysregulation and stress in Gambling disorder (GD) and Internet gaming disorder (IGD)
Minna Chang | Epsom and St Helier University Hospitals NHS Trust | United Kingdom
- 09:15 - 09:45** Title: Brief Crisis Therapy: Overcoming Stigma and Promoting Hope in Crisis Therapy
Andrew Sofin | Brief Crisis Therapy Institute | Canada
- 09:45 - 10:15** Title: Psychotropic Polypharmacy in the Intellectually Disabled to Manage Problematic Behaviors as an Accepted Practice: A Scoping Review
Laura Graham | University of Alabama in Huntsville | United States
- 10:15 - 10:45** Slots Available*
- 10:45 - 11:15**

Networking, Refreshments and Exhibition Area 11:15-11:45

Plenary Sessions

Session on: Mental Health | Adult Mental Health | Child and Adolescents Mental Health | Mental illness | Psychology and Psychiatry | Impulse-Control Disorder

Session Chair: Aram Cargill | Change Challenge and the Adaption Apex Lab | Australia

- 11:45 - 12:00** "Title: The Effect of Galacto-oligosaccharides (GOS) on Self-perceived Stress in Apparently Healthy but Stressed Dutch Women: A Randomized Controlled Home-Based Trial"
Reina Tjoelker | FrieslandCampina | Netherlands
- 12:00 - 12:15** Title: Defining Psychological Birth Trauma: Beyond the PTSD in the DSM
Julia Imanoff | University of Calgary | Canada
- 12:15 - 12:30** Title: Vagally Mediated Heart Rate Variability: Physiological Reactivity to Stressors and Hypertension
Spyros Christou-Champi and Elena Papadopoulou | NeuroApto | Cyprus
- 12:30 - 12:45**
- 12:45 - 13:00** Slots Available*
- 13:00 - 13:15**

Lunch Break 13:15-14:15

Session on: Neuro-Development Disorders | Post-traumatic Stress Disorder | Bipolar Disorder | Personality Disorders | Dissociative Disorders | Anxiety and Depression

Session Chair: Rauni Prittinen King | Pacific Pearl La Jolla | USA

- 14:15 - 14:30** **Title: The Relation between Pattern of Feeding and Behaviour & Mental Health Disorders among Children**
Anne-Sophie Weyns | University of Antwerp | Belgium
- 14:30 - 14:45** **Title: Social Deficiency and Alterations of Cholinergic Activity in the Medial Prefrontal Cortex in Adult Rat Prenatally Exposed to Vaproic Acid**
M Dashniani, M Burjanadze, N Chkhikvishvili, R Solomonina, L Tsverava, L Kruashvili and M Chighladze | Beritashvili Center of Experimental Biomedicine | Georgia
- 14:45 - 15:00** **Title: Get Rid of the Stigma Associated with Mental Health - An Essential Step towards Real Education**
Shauly Mukherjee | Adamas University West Bengal | India
- 15:00 - 15:15**
- 15:15 - 15:30** **Slots Available***

Networking, Refreshments and Exhibition Area 15:30 - 16:00

Poster Presentation 16:00 - 17:00

- PP01** **Title: Girls, Trauma, and the Institutional Maze: The Challenges of Navigating Institutional Control**
Sanna King | University of Hawai | United States
- PP02** **Title: Journey to Self- Healing: Biofield Therapies, Spirituality and Body-Mind Health**
Rauni Prittinen King | Pacific Pearl La Jolla | United States
- PP03** **Title: No More Nightmares: How to Use Planned Dream Intervention to End Nightmares**
Beverly Ann Dexter | Licensed Clinical Psychologist | United States
- PP04** **Title: Life Inside and Out of the Matrix – Spiritual Therapy Approach**
Danny Shandor | Tel Aviv University | Israel
- PP05** **Title: Relationship between Insight and Cognitive Dysfunction among Patients with Schizophrenia**
Shikha Goel, B S Chavan, Nidhi Malhotra and Manoj K Bajaj | Government Medical College and Hospital | India
- PP06-PP10** **Slots Available***

May 10, 2024 | Day 2

08:30 - 08:45 - Opening Ceremony

KEYNOTE FORUM

Title : Addiction and PTSD for Long Term Recovery

08:45 - 09:15 David Shrank | Empowerment Behavioral Therapeutic Services | United States

Title: The Psychology of Football: Psychological Factors and Football Players Performance

09:15 - 09:45 Kadhim Alabady | Dubai Health Authority | UAE

09:45 - 10:15

10:15 - 10:45 Slots Available*

10:45 - 11:15

Networking, Refreshments and Exhibition Area 11:15-11:45

Session on: Dementia | Schizophrenia | Suicidology | Addiction | Psychosis | Psychotherapy and its Advances | Psychological Evaluation and Assessment | Rehabilitations and Recovery

Session Chair: Nancy Labib | Integrative Psychiatry Clinic | Egypt

Title: Evaluating the Use of Multi-Disciplinary Team Meeting Sheets in Older Adult & Adult Mental Health in a Tertiary Psychiatric Hospital in NHS Grampian, North Scotland - a Completed Audit Cycle

11:45 - 12:00 Sanah Ghafoor | Clinical Effectiveness Team | UK

Title: Treatment Response to Low-Dose Ketamine Infusion for Treatment-Resistant Depression: A Gene-Based Genome-Wide Association Study

12:00 - 12:15 Sanah Ghafoor | Clinical Effectiveness Team | UK

Title: Factors Associated with Empathy of Schizophrenia Patients in Psychiatric Rehabilitation and Recovery

12:15 - 12:30 Enuju Song | Wonkwang University | South Korea

12:30 - 12:45 Slots Available*

12:45 - 13:00

Lunch break 13:00 - 14:00

Session on: Positive Psychology | Mental Health Nursing | Mental Health Stigma | Psychosomatic Medicine/ Consultation-Liaison Psychiatry | Covid 19 and Mental Health | LGBTQ+ and Mental Health | Mindfulness, Yoga and Meditation

Session Chair: Giuseppe Bersani | Sapienza University of Rome | Italy

Title: A Comparison of Mainstream and Social Media Reporting of Suicide between Men and Women

14:00 - 14:15 Tina Guo | University of Toronto | Canada

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| 14:15 - 14:30 | <p>Title: Telepsychiatry: Moving beyond Rural Care to Enhancing the Patient Experience</p> <p>Allison Sikorsky At Your Service Psychiatry United States</p> |
| 14:30 - 14:45 | <p>"Title: Market Analysis: The Modulation of Spirituality in using the CISM Model with Mental Health Service Providers"</p> <p>Sahni Begum GangaRammayaa University India</p> |
| 14:45 - 15:00 | Slots Available* |
| 15:00 - 15:15 | |

PANEL DISCUSSION

*****Certificates and Award Presentations*****

Thanks Giving & Closing Ceremony

****Note: The program schedule is subject to change****